



WE WELCOME
ALL SIZES
ALL COLORS
ALL GENDERS
ALL BELIEFS
ALL RELIGIONS
ALL TYPES
ALL PEOPLE
EVERYONE

.....
WELCOME TO THE YMCA
YOU BELONG HERE

Welcome

to the YMCA OF GREATER BRANDYWINE family!

We believe our community is stronger when everyone feels welcome and we work together for the common good!

The YMCA of Greater Brandywine is an association of eight YMCAs that offer life-changing programs for children, families and adults throughout Chester County. Our Y is a diverse association of individuals joined together by a shared commitment to nurture the potential of kids, promote healthy living and foster a sense of social responsibility. With more than 80,000 members annually, each YMCA in the association features unique facilities and programs that best reflect the needs and interest of their communities.

This guide will provide details about YMCA benefits and amenities that come with your membership. We invite you to explore all the Y has to offer, take advantage of the Y's many opportunities to live healthy and connect with others.

Welcome to the family!



Denise L. Day
President and CEO

Table of Contents

ABOUT US		MEMBER CODE OF CONDUCT	8
Cause	3	FEES AND PAYMENTS	
Mission	3	Membership Changes	9
Youth Development	3	On-Hold Memberships	10
Healthy Living	3	Membership Transfers	10
Social Responsibility	3	Income-based Memberships and Financial Assistance	10
Get Involved	3	Program Credits/Refunds	10
Together, We Can Build a Better Us	3	GUEST POLICY	11
PROGRAMS		INCLEMENT WEATHER POLICY	12
Registration Details	4	CHILD WATCH POLICIES	13
How to Register	4	KIDS/Y ZONE POLICIES	14
MEMBERSHIP		SITTER SERVICE POLICIES	14
Benefits and Privileges	4	WELLNESS CENTER POLICIES	15
Caregivers/Aides	5	WEIGHT ROOM/EQUIPMENT POLICIES	16
Parents Night Out	5	GYM POLICIES	16
Program Enrollments	5	TRACK POLICIES	16
Reciprocity	5	SWIMMING AND WATER SAFETY	
Services for People with Disabilities	5	Age Requirements/Swim Tests	17
Volunteer	5	Sauna/Steam Room and Whirlpool Rules	18
Website	6	LOCATION LISTINGS AND AMENITIES	19
Y Experience	6		
YMCA National Membership	6		
100% Satisfaction Guaranteed	6		
Comments/Suggestions through Listen 360	6		
GENERAL INFORMATION			
Hours of Operation	7		
Adult/Child Accompaniment	7		
Dress	7		
Electronics	7		
Enhancement	7		
Food	8		
Keytags	8		
Lockers	8		
Schedules	8		
Smoking	8		

The Y HAS SOMETHING FOR EVERYONE!

YMCA Cause: We embrace values and beliefs which support and reflect the inclusion and appreciation of all individuals.

YMCA Mission: We are a charitable organization that puts Christian principles into practice through programs that build healthy spirit, mind and body for all.

Youth Development: Nurturing the potential of every child and teen

We believe that all kids deserve the opportunity to discover who they are and what they can achieve. From cradle to career, the Y provides all youth with the tools and resources they need to succeed in life.

Healthy Living: Improving the nation's health and well-being

We believe health and fitness means taking care of the whole you, and we know that even small changes can make a big difference. We're invested in your health and helping you meet your goals, whether that means losing weight, gaining strength, or simply finding ways to increase energy and decrease stress. You're not only supported by our staff, you're part of a community committed to helping you learn new things, explore new activities, and discover your best self at any stage in your life.

Social Responsibility: Giving back and providing support to our neighbors

We believe all people deserve to be treated with dignity, compassion and respect and our community is stronger when everyone feels welcome and we work together for the common good. We will always live our core values of caring, honesty, respect and responsibility so that all people have the opportunity to reach their full potential.

Get Involved: Volunteers play a key role in advancing our YMCA mission. By volunteering, you can shape the future of the work we do in our community. We need your talents, creativity, and insights to help make our YMCA the best it can be! Opportunities range from one-time tasks to committee involvement to serving on a branch advisory board.

Together, We Can Build A Better Us! From safe spaces to academic achievement to family well-being and more, when you donate to the Y, you are giving those in need the opportunity to thrive. In 2018, we awarded more than \$3 million in financial assistance to more than 10,000 children, families and individuals.

Programs

At the Y, there is something for everyone! We offer a wide variety of programs for all ages and interests. YMCA programs run on a variety of different schedules, offering greater flexibility for participants to find programs that meet their schedule. The Y offers seven-week session programs, school-year (Academy) and seasonal programs.

Registration Details

We make it very easy to register for programs at the YMCA of Greater Brandywine. Visit the program registration calendar: ymcagbw.org/registration-calendar. Check on the length of the program of interest; for instance, we have school – year and seasonal programs, 7, 8 and 12 week sessions. Members of a YMCA other than YMCA of Greater Brandywine are considered non-members for program usage and registration.

Program Fees are not refundable. All efforts will be made to create a make-up class if it is cancelled due to inclement weather or causes beyond our control. Partial refunds will not be given.

- **How to Register** – You can visit the website, www.ymcagbw.org and choose your location in which you want to register for programs, or use the search button to look up a program and see which location matches your inquiry. You may also visit the member services desk at one of our locations and register for programs with a member services associate.

Membership

The YMCA of Greater Brandywine welcomes all people regardless of ability, age, background, ethnicity/race, faith, gender, gender identity or sexual orientation. The Y believes that, in a diverse world, we are stronger when we are inclusive, when our doors are open to all and everyone has the opportunity to learn, grow and thrive.

Benefits and Privileges

With the Y, you're not just a member of a facility; you're part of a cause. With a shared commitment to nurturing the potential of kids, improving health and well-being and giving back and supporting our neighbors, your membership will not just bring about meaningful change in yourself, but also in your community. Members may use all YMCA of Greater Brandywine facilities and programs. Members are requested to use their home branch 51% of the time.

CAREGIVERS/AIDES: Long-term caregivers/aides will be issued a key tag to be used when bringing the member to the Y. They are required to stay with the member throughout the visit. Caregivers such as nannies, au pairs and adult assistants will be required to have their own membership, or become the second or third adult on a family membership, for personal use of Y facilities.

PARENTS NIGHT OUT: Parents Night Out is free for family members and is offered at seven of our locations. Members with a two-person membership (adult+child), Three-adult family, and family memberships are eligible to take part in Parents Night Out. Registration is required prior to the PNO dates. Check with members services about when your branch is having Parents Night Out, and enjoy an evening on us!

PROGRAM ENROLLMENT: Members receive reduced pricing for most programs. Members of a YMCA other than YMCA of Greater Brandywine are considered non-members for program usage.

RECIPROCITY: A member at one branch of the YMCA of Greater Brandywine Association shall have the same privileges at all branches. Exceptions: Oscar Lasko YMCA ONLY membership and Outdoor Pool/Water Park memberships.

SERVICES FOR PEOPLE with DISABILITIES: The Y serves people of all abilities. Please contact us if there is an accommodation with which we can assist.

VOLUNTEER: Volunteering at the YMCA is a fun and rewarding way to support your neighbors, strengthen your community, and connect with amazing people. There are a lot of ways you, your friends or your whole family can contribute, no matter what your interests or your schedule. When we all pitch in, we all rise together! Visit: www.ymcagbw.org/give/volunteer

WEBSITE: Visit our website – www.ymcagbw.org – Here is where you can:

- Register for programs
- Update your payment method; for example, change your credit card, pay a balance, etc.
- Check pool, group exercise and gym schedules
- Hours of operation at all locations
- Inclement weather updates
- Donate for our cause
- Volunteer opportunities
- Job/career opportunities
- Events happening
- Youth and adult programs
- Special Needs programs
- Child Care, Montessori & Camp information
- 7th Grade Initiative
- RX Health Initiatives
- CPR Training information

Y EXPERIENCE: Allow your personal Y Coach to help you identify what your Y Experience will be. Members are given at no extra cost, up to 4 visits with a Y coach to help you get the best experience for YOU at the YMCA of Greater Brandywine.

Y MOBILE APP: YMCA of Greater Brandywine has a free app for your smartphone. For information, go to ymcagbw.org/mobileapp.

YMCA NATIONWIDE MEMBERSHIP: YMCA of Greater Brandywine offers universal reciprocity. Members of participating Nationwide YMCAs shall be admitted at no charge, pending verification of membership. Member is to utilize their home branch 51% of the time. If you are unsure if a Y recognizes Nationwide membership, call or visit their website before visiting your away Y location. Specialty memberships, such as insurance based memberships, Silver Sneakers, Silver & Fit are not part of nationwide reciprocity.

100% SATISFACTION GUARANTEE: We know that you are going to love being a member; however, if you are not completely satisfied for any reason within thirty days, we will refund your membership fee.

Your comments/suggestions mean so much to us! You can make a difference! We are always looking to improve upon our services and programs being offered at our Y. Make sure we have a valid e-mail address on file so you can take advantage of being surveyed through our Listen 360 weekly surveys. This gives you a voice to let us know how we are doing!

General Information

• HOURS OF OPERATION:

BRANCH HOURS OF OPERATION*			
BRANDYWINE YMCA	JENNERSVILLE YMCA	KENNETT AREA YMCA	LIONVILLE COMMUNITY YMCA
Mon-Fri: 5 am-10 pm	Mon-Fri: 5 am-10 pm	Mon-Fri: 5 am-10 pm	Mon-Fri: 5 am-10 pm
Sat: 7 am-7 pm	Sat: 6:30 am-7 pm	Sat: 6:30 am-7 pm	Sat: 7 am-7 pm
Sun: 7 am-5 pm	Sun: 7 am-7 pm	Sun: 7 am-7 pm	Sun: 8 am-7 pm
OCTORARA YMCA	OSCAR LASKO YMCA	UPPER MAIN LINE YMCA	WEST CHESTER AREA YMCA
Mon-Fri : 7 am-6 pm	Mon-Thur: 5 am-9 pm	Mon-Fri: 5 am-10 pm	Mon-Fri: 5 am-10 pm
Sat/Sun: CLOSED	Fri: 5 am-8 pm	Sat: 6 am-7 pm	Sat: 6:30 am-7 pm
	Sat: 7 am-6 pm	Sun: 7 am-7 pm	Sun: 6:30 am-7 pm
	Sun: 9 am-4 pm		

*Summer hours may vary.

For the safety and security of all those entering our facilities, we require members to present their YGBW keytag or their participating YMCA tag at our scanning station. If you are not a member yet, we will need a valid proof of identification with photo, such as a valid driver’s license or passport.

- **ADULT/CHILD ACCOMPANIMENT:** Children under the age of 12 must be accompanied by an adult at all times if they are in the building and are not in Child Watch/Kids Zone. We encourage parents to take an active role in their children’s fitness. Please remain in the YMCA facility while children under 12 are participating in programs. Exceptions to this are child care, preschool, camp, swim team and Sitter Service.
- **DRESS:** For the safety and comfort of all members, members should be dressed appropriately while in the facility and in specific program areas. Please see staff or specific program area for clarification.
- **ELECTRONICS:** Video recorders, cameras or any other visual recording devices are not allowed within any of the YMCA of Greater Brandywine facilities or program sites without the expressed written consent of YMCA management. Anyone perceived as taking pictures may be questioned. Anyone caught taking pictures of another person without their permission and knowledge will be prosecuted to the fullest extent of the law by YMCA of Greater Brandywine and may lead to the termination of membership.
- **ENHANCEMENT:** To keep your YMCA in the best possible condition, the main facility shuts down for one week each August to perform routine and large maintenance projects. We encourage members to visit one of the other YMCA of Greater Brandywine facilities that week.

GENERAL INFORMATION and MEMBER CODE OF CONDUCT

- **FOOD:** Vending machines are located in the building. To keep the facility clean and free of pests, we ask that drinks, snacks and food items be consumed in designated areas while in the building. The exception to this rule is water in shatter-proof containers.
- **KEYTAGS:** YMCA of Greater Brandywine requires everyone to scan with a membership key tag(s) or barcode on our smartphone to enter our facilities. The YMCA charges \$1 fee for replacement keytags.
- **LOCKERS:** Lockers are available for daily storage of personal items. Some lockers require members to bring a lock to secure items. The YMCA is not responsible for lost or stolen items. Locks are encouraged, but must be removed each day.
- **SCHEDULES:** Pool, Group Exercise and Gymnasium schedules are available on our website, ymcagbw.org, mobile app, and at the Member Services desk. We recommend that you check the website prior to visiting the Y as schedules are subject to change.
- **SMOKING:** The YMCA facility and grounds are tobacco/vapor-free.

Member Code of Conduct

In order to maintain an atmosphere that is free of offensive and unlawful conduct, all members must act in accordance with the values of the YMCA – Caring, Honesty, Respect and Responsibility.

The protection of members and guests is of paramount concern to the YMCA of Greater Brandywine. Any conduct of an inappropriate, threatening or offensive nature will not be tolerated and may result in suspension or termination of membership privileges. These include, but are not limited to:

- Harassment or intimidation by words, gestures, body language or any type of menacing behavior.
- Sexually explicit conversation, behavior or contact with another person.
- Physical contact with another person in an angry, aggressive or threatening way.
- Verbally abusive behavior, swearing, name-calling or shouting.
- Theft or behavior that results in damage, destruction or loss of property.
- Carrying or concealing a weapon or any device or object that may be used as a weapon.
- Using or possessing illegal substances, alcohol or tobacco on YMCA grounds or during programs.
- Disregard for any YMCA policy or guidelines, such as camera/cell phone policy.

Fees and Payments

There are two options for your membership payments, annually or monthly. The best way to ensure your payments are always on time is to set up a monthly bank, debit or credit card draft through the bank of card issuer of your choice. Member services representatives are available to explain or assist with the process. We are here to help you, however, individuals with memberships that are in a lapsed or past-due status, as well as carrying past due program fee balances may lose use of YMCA programs and services. We allow a thirty (30) day grace period before your membership will be withdrawn. A member services representative will be happy to assist you if you have a question about your billing.

MEMBERSHIP CHANGES

Please update any change in address, e-mail, phone number, payment method (credit cards), second adult or dependent status to your account online, or notify a member services representative to help you with this process. Up to date information helps prevent any lapse in your membership and improve our service and communication to you.

Please keep in mind that changes in membership can affect draft dates, fees, etc. Annual pay members must renew within 30 days of their expiration date to receive the renewal rate. After their expiration date and the one-month grace period the member will be required to pay the joiner fee.

ON-HOLD MEMBERSHIPS

Members may suspend their membership for a period of 2-6 consecutive months. Membership suspensions must be in writing or through email but cannot be completed over the phone. Members can also visit the branch and fill out the membership suspension form at least seven business days in advance of payment. Membership suspensions are for the entire membership; for example, a suspension cannot be issued for one member of a family or two-person membership.

Members may cancel the suspension and reinstate their membership in full before the end of the hold. There is a \$10 fee per month for the suspension. In the case of a medical suspension, the \$10 fee per month will be waived with a doctor's note. The note must be presented at the time of the form completion or soon thereafter, prior to suspension activating. Suspensions cannot be issued retroactively. Members who wish to cancel their membership must give the YMCA written notice at least seven business days in advance of the payment date.

MEMBERSHIP TRANSFERS

Members are permitted to upgrade or downgrade their membership from one category to another as needed to accommodate changing family circumstances. See a member services representative for details.

INCOME-BASED MEMBERSHIPS AND FINANCIAL ASSISTANCE

The YMCA of Greater Brandywine provides income-based memberships and program-fee assistance to individuals and families in our community who could benefit from programs at the YMCA but are unable to meet the financial obligations. Income-based memberships are available to individuals and families who meet the eligibility requirements and would like assistance in paying for their membership. The reduction on fees is based on a sliding scale of gross household income. This process is confidential. Income-based membership information is available at the Member Services Desk or from the Income-based Membership Coordinator.

PROGRAM CREDITS/REFUNDS

Program credits and refunds are given for extended illness and special cases at the program director's discretion. A doctor's note may be requested.

Guest Policy

We welcome guests!

Guests are welcome at branches of YMCA of Greater Brandywine and some restrictions may apply. All guests age 18 and over must present a current government issued photo ID.

Adult Guests (18 and over) without a member host is \$15 per person and may bring minors into the facility; all must pay a guest fee. Photo ID is required.

Minor Guests (17 and under) are not permitted to visit the Y without a member host, unless they are with an adult guest (age 18 or older) who stays with them and signs the guest pass for them.

Full memberships receive five free guest passes per year to use for the indoor facility. These passes may be used for up to four individuals, over the age of 6 months, as long as they visit at the same time. Additional passes may be purchased by members at the rate of \$15.

Youth, ages 12-17, on a full family membership may bring a guest, but **MUST** be accompanied by an adult or parent over the age of 18.

Potential members/guests are limited to five visits per year.

- After the five visits, guests must purchase a membership in order to continue using the facility.
- Short term memberships are an option for situations where an individual is visiting for an extended period of time or has frequent business in the area. Check with the Membership Director for details.

Inclement Weather Policy

We care about the safety of our members, staff and program participants. When inclement weather poses a threat, the YMCA may need to adjust hours of operation or program schedules. In extreme conditions, it may be necessary to close the facility to ensure the safety of all involved.

When a decision is made to alter schedules, the Y will post the information on the website, Facebook pages and phone lines.

Program fees are non-refundable.

If the YMCA loses power, the facility will be closed and the Y will post the information on the website, Facebook pages and phone lines.

For **outdoor sports/events** in inclement weather or darkness, a decision to play or not to play will be made on game day. Information should be sent to you through your coaches, but you may also call for updates.

If a game is canceled, the YMCA will make every effort to make up the game at a later date. Keep in mind that facilities at the YMCA and community fields are scheduled months in advance. In the event a game cannot be made up due to weather conditions, no refunds will be given.

Child Watch Policies

YMCA members may drop their children off in our designated Child Watch area, where our trained staff will care for your children in a safe environment while you enjoy time in our facility.

Child Watch hours will vary among YMCA of Greater Brandywine locations. Check with a Child Watch or Member Services associate for location hours. Child Watch is a service provided by the YMCA for Full Family, Three Adult Family and Two-Person (adult + child) memberships only.

- Members ages 6 weeks to 7 years may be admitted to Child Watch
- Parents/Guardians must remain in the facility while children are in the Child Watch area
- Parents/Guardians must sign children in and out of Child Watch.
- Parents/Guardians are asked to scan into Child Watch.
- Members may utilize Child Watch a maximum of two hours per day, per child.
- Children must be properly dressed (shirts, pant/shorts and socks)
- Children are discouraged from bringing toys from home to Child Watch.
- Food is not permitted. (Children under age 3 may have a bottle or sip proof cup labeled with their name).
- Members will be accepted until 15 minutes prior to closing.
- If a child cries in a distressful manner for more than 15 minutes, parents will be located/paged.
- Sick children (fever, excessive rash, cough, vomiting or diarrhea or unusually lethargic) will not be accepted into Child Watch. Staff cannot administer any medication.
- Ask Child Watch attendant about hours of operation to plan your visits to the YMCA.
- We provide diaper changes for those children that are not potty-trained. Members must provide necessary items for this service; diapers, wipes, change of clothes, etc. Please make sure your child is diaper changed before dropping off to Child Watch.
- The YMCA has the right to limit capacity into Child Watch.

Kids/Y Zone Policies

YMCA members may drop their children off in our designated **Kids/Y Zone** area, where our trained staff will care for your children in a safe environment while you enjoy time in our facility. **Kids/Y Zone** is a service provided by the YMCA for Full Family, Three Adult Family and Two-Person memberships only. **12 year old children** can check into **Kids/Y Zone** on their own to join in the fun activities provided in this area. **Kids/Y Zone** hours will vary among YMCA of Greater Brandywine locations. Check with a **Kids/Y Zone** or Member Services associate for location hours.

- Members age 7–11 years of age may be admitted to Kids/Y Zone.
- Parents/Guardians must sign children in and out of Kids/Y Zone (ages 7–11).
- 12 year old children and 7th Grade Initiative members can check into Kids/Y Zone on their own.
- Parents/Guardians of ages 7–11 year old children must remain in the facility while children are in Kids/Y Zone.
- Members may utilize Kids/Y Zone for a maximum of two hours per day, per child.
- Members will be accepted until 15 minutes prior to closing.
- **Food is not permitted.**
- Sick children (fever, vomiting, diarrhea, sore throat, and cough) will not be accepted into Kids/Y Zone.
- Children are encouraged not to bring valuables (cell phones, computers, Ipads, etc.) into the Kids/Y Zone area.

Sitter Service Policies

Sitter Service is available for a minimal fee at most locations. Ask your Child Watch associate about times and fees for this extra perk for family, three-adult family and two person memberships, (adult + child).

- Times will vary per Y location, make sure you check with a Child Watch associate.
- Parents/Guardians are not required to be in the facility while using **Sitter Service**. **(check with the Child Watch associate).**
- Up to three hours maximum for Sitter Service **(Child Watch associate will confirm daily allowance for Sitter Service).**

Wellness Center, Weight Room, Gym and Track Policies

WELLNESS CENTER

At the Y, we believe health and fitness means taking care of the whole you, and we know that even small changes can make a big difference. We're invested in your health and helping you meet your goals, whether that means losing weight, gaining strength, or simply finding ways to increase energy and decrease stress. You're not only supported by our staff, you're part of a community committed to helping you learn new things, explore new activities, and discover your best self at any stage in your life.

- We offer up to four free sessions with a certified Y Coach. These are included with your membership.
- Lockers are available to keep your personal items safe and secure while you visit the facility. Lockers are not for overnight use.
- No food allowed in the Wellness Center. Drinks must have lids. Water bottles are allowed.
- Members are required to wipe down all equipment after use with cleaning materials provided.
- In fairness to all members, please limit use of machines to 30 minutes when others are waiting.
- We offer personal training on-site; non-Y staff personal training of any type is Not Allowed. If you need assistance of any kind, please utilize the YMCA trainers on staff.
- Youth and teens, ages 8–14, must attend two sessions with a Wellness coach prior to using the Wellness Center. A band will be provided from the wellness or member services desk upon completion of the two sessions.
- After completing the sessions, youth ages 8–11 may use the Wellness Center under the direct supervision of a parent/guardian who is 18 years or older.
- After completing the sessions, youth ages 12–14, may use the Wellness Center without an adult.

WEIGHT ROOM/EQUIPMENT

- Lockers are available to keep your personal items safe and secure while you visit the facility. Lockers are not for overnight use.
- No food is allowed. Drinks must have lids. Water bottles are allowed.
- We offer personal training on-site; non-Y staff personal training of any type is Not Allowed. If you need assistance of any kind, please utilize the YMCA trainers on staff.
- Members are required to wipe down all equipment after use with cleaning materials provided.
- After completing the sessions, youth ages 8–11 may use the **Weight Room/Equipment** under the direct supervision of a parent/guardian who is 18 years or older.
- After completing the sessions, youth ages 12–14, may use the **Weight Room Equipment*** without an adult.
- In fairness to all members, please limit use of machines to 30 minutes when others are waiting. Allow members to “rotate in” while using Weight Room Equipment.

*You must be age 15 or older to use the Power Conditioning studio at our Upper Main Line YMCA facility.

GYM

- Open Gym is first come, first served – for everyone, including youth members.
- No hanging on the basketball rims in the gymnasium.
- Non-Y staff personal training of any type is Not Allowed. If you need assistance of any kind, please utilize the YMCA trainers on staff.
- Basketballs are provided in the gym.
- No food is allowed. Drinks must have lids. Water bottles are allowed.

TRACK

- Walkers should keep to the inside lane of the track. Runners/joggers use the outside lane.
- No sports equipment or strollers are permitted on the track, except for times when designated by YMCA staff.
- No food is allowed. Drinks must have lids. Water bottles are allowed.
- Please adhere to the policies located in the track area of each location.

Swimming and Water Safety

- Please shower before entering any swimming pool.
- No glass of any kind is permitted in the pool area.
- No diving in pool areas shallower than seven feet (exception: Y Swim Instructor supervision during lessons).
- No inflatable rafts or floatation devices.

INCLEMENT WEATHER: all indoor and outdoor pools close for a minimum of 30 minutes for lightning and/or thunder. Pools reopen 30 minutes after the final sound of thunder or sign of lightning.

Age Requirements/Swim Tests

The YMCA of Greater Brandywine requires that all children 14 years of age and younger be swim tested before being permitted to use our swimming pools. A lifeguard on duty can perform swim tests as requested. In the event that a lifeguard is not available, the member should ask to see the aquatics director on duty. Once a swim test has been completed, the swimmers age, birthdate and wristband color will be logged in the system at that location for easy issue of swim bands for future visits. Children under 12 must have a parent or guardian (18 years or older) in the pool area. Any swimmer ages 12-14 with a RED or YELLOW band also must have a parent or guardian in the pool area.

RED – non-swimmer:

- Must stay in shallow end.
- 5 years and younger must have parent in water.
- Must wear life jacket unless parent is providing hands on support.
- 6 years and older may wear a life jacket with parent on side of pool

YELLOW – intermediate swimmer (can swim 15 yards freestyle and tread water for 30 seconds):

- Must stay in shallow end.
- 5 years and younger must have parent in the water.
- 6-11 years must have parent on side of pool supervising.

GREEN – proficient swimmer (can pass yellow band test and jump into deep water, tread water for one minute, float on back for 15 seconds and swim 25 yards):

- 5 years and younger must have parent in water in the deep end. Parent can be pool side at the shallow depths.
- 6 years and over may swim in any section.

Sauna/Steam Room and Whirlpool Rules

Consult your physician prior to using these facilities, especially if you have a medical condition such as heart disease, diabetes, high or low blood pressure, respiratory problems, or are pregnant.

Due to high heat and humidity, use of the sauna/steam room and whirlpool increases the pulse rate and body temperature and changes blood pressure levels. Individual effects are unpredictable and could be physically hazardous.

- Must be 18 years or older to use the sauna/steam room or whirlpool.
- Altering controls, pouring liquids on the thermostat, rocks, shaving, aromatics, food and drinks are **NOT PERMITTED** in the sauna/steam room.
- Use the sauna/steam room for a maximum of 10 minutes. Long exposure may result in nausea, dizziness or fainting.
- Must shower before entering the whirlpool.

BRANDYWINE YMCA

295 Hurley Road
Coatesville, PA 19320
610-380-9622

JENNERSVILLE YMCA

880 W. Baltimore Pike
West Grove, PA 19390
610-869-9622

KENNETT AREA YMCA

101 Race Street
Kennett Square, PA 19348
610-444-9622

LIONVILLE COMMUNITY YMCA

100 Devon Drive
Exton, PA 19341
610-363-9622

OCTORARA YMCA PROGRAM CENTER

104 Highland Road, Suite 1
Atglen, PA 19310
610-593-9622

OSCAR LASKO YMCA AND CHILDCARE CENTER

1 E. Chestnut Street
West Chester, PA 19380
610-696-9622

UPPER MAIN LINE YMCA

1416 Berwyn-Paoli Road
Berwyn, PA 19312
610-647-9622

WEST CHESTER AREA YMCA

605 Airport Road
West Chester, PA 19380
610-431-9622

branches of the YMCA of Greater Brandywine

ASSOCIATION OFFICE

1 E. Chestnut Street
West Chester, PA 19380
610-643-9622

www.ymcagbw.org

Eight YMCAs – ONE MEMBERSHIP! There's something for everyone.

	BRANDYWINE	JENNERSVILLE	KENNETT	LIONVILLE	OCTORARA PROGRAM CENTER	OSCAR LASKO Y AND CHILDCARE CENTER	UPPER MAIN LINE (Berwyn)	WEST CHESTER
Facilities								
Art Studios			•	•			•	
Basketball Court/Gymnasium	•	•	•	•		•	•	•
Environmental Education Complex							•	
Free Weight Room/Area	•	•	•	•		•	•	•
Gymnastics Center						•		
High Intensity Interval Training	•	•	•	•			•	•
Hiking Trails							•	
Indoor Playground	•	•					•	•
Indoor Pool(s)	•	•	•	•			•	•
Indoor Track		•	•			•		•
Outdoor Fitness Center	•		•					
Outdoor Pool*	•	•	•	•			•	•
50-Meter Lap Pool							•	
Performing Arts Center		•						
Personal Changing Room	•	•	•	•			•	•
Racquetball Courts						•		
Sauna/Steam Room		•	•	•			•	•
Tennis Center (24 courts)							•	
Warm-Water Pool	•	•	•				•	•
Wellness Center	•	•	•	•		•	•	•
Wellness Programs								
Aquatic Exercise	•	•	•	•			•	•
East Chestnut CrossFit®						•		
Group Cycling	•	•	•	•			•	•
Group Exercise	•	•	•	•		•	•	•
Older Adult Fitness Classes	•	•	•	•		•	•	•
Personal Training*	•	•	•	•		•	•	•
Silver Sneakers	•	•	•	•		•	•	•
Small Group Training	•	•	•	•			•	•
Programs*								
Adapted Programs (for those with special needs)		•	•	•		•	•	•
Adult Sports	•	•	•	•		•	•	•
Childcare/Early Learning Center	•	•	•	•	•	•	•	•
Infant Care	•	•		•		•	•	•
Before and After School Care	•	•	•	•	•	•		
Dance		•	•	•		•	•	
Healthy Weight Loss	•	•	•	•		•	•	•
Martial Arts		•		•		•	•	•
Montessori Preschool			•					•
Parents Night Out	•	•	•	•		•	•	•
Saturday Night Lights (Tweens/Teens)	•	•	•	•				•
Sitter Service	•	•	•	•		•	•	•
State Licensed Private Kindergarten						•		
Summer Camp	•	•	•	•	•	•	•	•
Swim Lessons and Swim Teams	•	•	•	•			•	•
STEAM Academy							•	
Theatre Academy		•					•	
Youth Sports	•	•	•	•		•	•	

* additional fee may be charged