





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15AM	5:15AM - 6:00AM <b>Cycle</b> (Group Exercise - Cycle) Cycling Room	5:15AM - 6:10AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio		5:15AM - 6:10AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio	5:15AM - 6:00AM <b>Cycle</b> (Group Exercise - Cycle) Cycling Room		
5:45AM					5:45AM - 6:30AM <b>BODYCOMBAT</b> (Group Exercise - Cardio) Aerobics Studio		
6:00AM	6:00AM - 6:55AM <b>Yoga</b> (Group Exercise - Mind Body) MindBody Studio  6:00AM - 6:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio				6:00AM - 6:55AM <b>Yoga</b> (Group Exercise - Mind Body) MindBody Studio		
6:15AM		6:15AM - 7:00AM <b>Cycle</b> (Group Exercise - Cycle) Cycling Room		6:15AM - 7:00AM <b>Cycle</b> (Group Exercise - Cycle) Cycling Room			



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00AM	8:00AM - 8:55AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	8:00AM - 8:45AM <b>BODYCOMBAT - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio	8:00AM - 8:45AM <b>BODYCOMBAT - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio	8:00AM - 8:45AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio	8:00AM - 8:45AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio	8:00AM - 2:30PM <b>Gym Reserved For Programming - Full Court</b> (Open Gym) Gymnasium	8:15AM - 8:45AM <b>Les Mills CORE - Family Friendly</b> (Group Exercise - Strength) Aerobics Studio
8:15AM	8:00AM - 8:55AM <b>Les Mills TONE</b> (Group Exercise - Cardio) Aerobics Studio	8:00AM - 8:55AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio		8:00AM - 8:55AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio	8:00AM - 8:55AM <b>Les Mills TONE</b> (Group Exercise - Cardio) Aerobics Studio	8:15AM - 9:00AM <b>Cycle</b> (Group Exercise - Cycle) Cycling Room	
8:30AM	8:30AM - 9:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	8:30AM - 9:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	8:30AM - 9:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	8:30AM - 12:00PM <b>Child Watch</b> (Child Watch) Brandy's Playroom	8:30AM - 12:00PM <b>Child Watch</b> (Child Watch) Brandy's Playroom	8:30AM - 12:00PM <b>Child Watch</b> (Child Watch) Brandy's Playroom	8:30AM - 12:00PM <b>Child Watch</b> (Child Watch) Brandy's Playroom
8:45AM				8:30AM - 12:00PM <b>Sitter Service</b> (Sitter Service) Brandy's Playroom	8:30AM - 12:00PM <b>Sitter Service</b> (Sitter Service) Brandy's Playroom	8:45AM - 2:00PM <b>Lap Swim - 1 Lane</b> (Lap Swim) Indoor Pool	8:45AM - 1:00PM <b>Lap Swim - 1 Lane</b> (Lap Swim) Indoor Pool
9:00AM	9:00AM - 9:45AM <b>Aqua Fit</b> (Group Exercise - Aqua) Indoor Pool	9:00AM - 9:45AM <b>Total Body Conditioning</b> (Group Exercise - Cardio) Aerobics Studio	9:00AM - 9:45AM <b>Fit Life</b> (Group Exercise - Strength) Gymnasium	9:00AM - 7:30PM <b>Therapy Pool</b> (Pool Amenities) Indoor Therapy Spa	9:00AM - 9:45AM <b>Aqua Fit</b> (Group Exercise - Aqua) Indoor Pool	9:00AM - 3:00PM <b>Therapy Pool</b> (Pool Amenities) Indoor Therapy Spa	9:00AM - 9:55AM <b>Tai Chi - Beginner</b> (Group Exercise - Mind Body) Mind/Body Studio
	9:00AM - 11:00AM <b>Pickleball All Levels Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 11:00AM <b>Pickleball All Levels Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 10:00AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 4:15PM <b>Lap Swim - 3 Lanes</b> (Lap Swim) Indoor Pool	9:00AM - 7:30PM <b>Therapy Pool</b> (Pool Amenities) Indoor Therapy Spa	9:00AM - 9:30AM <b>Parent/Child Swim Lessons</b> (Swimming Lessons - Parent/Child) Indoor Pool	9:00AM - 3:00PM <b>Therapy Pool</b> (Pool Amenities) Indoor Therapy Spa
	9:00AM - 11:00AM <b>Pickleball Beginner Level Play</b> (Pickleball) Gymnasium	9:00AM - 9:45AM <b>Fit Life</b> (Group Exercise - Strength) Gymnasium	9:00AM - 11:00AM <b>Pickleball All Levels Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 4:00PM <b>Lap Swim - 3 Lanes</b> (Lap Swim) Indoor Pool	9:00AM - 4:00PM <b>Lap Swim - 3 Lanes</b> (Lap Swim) Indoor Pool	9:00AM - 9:45AM <b>Youth Stage 4 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:00AM - 9:45AM <b>Adult/Teen Beginner Swim Lessons</b> (Swimming Lessons - Adult) Indoor Pool
	9:00AM - 9:45AM <b>Swim</b> (Group Exercise - Cardio) Aerobics Studio	9:00AM - 9:45AM <b>Aqua Fit Deep</b> (Group Exercise - Aqua) Indoor Pool	9:00AM - 9:55AM <b>Boot Camp - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio	9:00AM - 11:00AM <b>Pickleball All Levels Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 11:00AM <b>Pickleball All Levels Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 5:00PM <b>Ellie &amp; Associates Lifeguarding Course</b> (Lifeguard Certification) Indoor Pool	9:00AM - 2:00PM <b>Ellie &amp; Associates Lifeguarding Course</b> (Lifeguard Certification) Indoor Pool
	9:00AM - 9:55AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 9:55AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 11:00AM <b>Pickleball Beginner Level Play</b> (Pickleball) Gymnasium	9:00AM - 11:00AM <b>Pickleball Beginner Level Play</b> (Pickleball) Gymnasium	9:00AM - 9:55AM <b>BODYCOMBAT</b> (Group Exercise - Cardio) Aerobics Studio	9:00AM - 11:00AM <b>Pickleball Advanced Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 2:00PM <b>Ellie &amp; Associates Re-Certification Course</b> (Lifeguard Certification) Indoor Pool
	9:00AM - 9:55AM <b>Boot Camp - Family Friendly</b> (Group Exercise - Cardio) Gymnasium		9:00AM - 9:45AM <b>Fit Life</b> (Group Exercise - Strength) Gymnasium	9:00AM - 9:45AM <b>Fit Life</b> (Group Exercise - Strength) Gymnasium	9:00AM - 11:00AM <b>Pickleball Beginner Level Play</b> (Pickleball) Gymnasium	9:00AM - 9:55AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 10:15AM <b>Open Gym - Hall Court</b> (Open Gym) Gymnasium
			9:00AM - 9:55AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 9:45AM <b>Fit Life</b> (Group Exercise - Strength) Gymnasium	9:00AM - 9:55AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 11:30AM <b>Sitter Service</b> (Sitter Service) Brandy's Playroom	9:00AM - 11:30AM <b>Sitter Service</b> (Sitter Service) Brandy's Playroom
				9:00AM - 10:15AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 10:15AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	9:00AM - 9:55AM <b>BODYCOMBAT - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio	9:00AM - 9:55AM <b>BODYCOMBAT - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio
						9:00AM - 11:00AM <b>Pickleball Intermediate/Advanced Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 11:00AM <b>Pickleball Intermediate/Advanced Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV
9:15AM			9:15AM - 10:00AM <b>Aqua Fit</b> (Group Exercise - Aqua) Indoor Pool			9:15AM - 10:15AM <b>ROYPUMP</b> (Group Exercise - Strength) Aerobics Studio	9:15AM - 10:00AM <b>ROYPUMP</b> (Group Exercise - Strength) Aerobics Studio
9:30AM						9:30AM - 10:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	9:30AM - 10:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room
9:35AM						9:35AM - 10:20AM <b>Youth Stage 1 &amp; 2 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:35AM - 10:20AM <b>Youth Stage 1 &amp; 2 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool
9:50AM						9:35AM - 10:20AM <b>Youth Stage 3 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:35AM - 10:20AM <b>Youth Stage 3 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool
10:00AM	10:00AM - 10:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio	10:00AM - 10:55AM <b>Cycle &amp; Strength</b> (Group Exercise - Cycle) Cycling Room	10:00AM - 10:45AM <b>RPM</b> (Group Exercise - Cycle) Cycling Room	10:00AM - 10:45AM <b>RPM</b> (Group Exercise - Cycle) Cycling Room	10:00AM - 10:55AM <b>Barre</b> (Group Exercise - Mind Body) Gymnasium	9:50AM - 10:35AM <b>Youth Stage 5 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:50AM - 10:35AM <b>Youth Stage 1 &amp; 2 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool
	10:00AM - 10:55AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	10:00AM - 10:55AM <b>Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	10:00AM - 10:45AM <b>Zumba Tone</b> (Group Exercise - Dance) Aerobics Studio	10:00AM - 10:45AM <b>Zumba Tone</b> (Group Exercise - Dance) Aerobics Studio		9:50AM - 10:35AM <b>Youth Stage 3 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:50AM - 10:35AM <b>Youth Stage 3 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool
	10:00AM - 10:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio	10:00AM - 10:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio	10:00AM - 10:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Gymnasium	10:00AM - 10:55AM <b>BODYPUMP</b> (Group Exercise - Strength) Gymnasium		9:50AM - 10:35AM <b>Youth Stage 5 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	9:50AM - 10:35AM <b>Youth Stage 5 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool
10:15AM	10:15AM - 11:00AM <b>Zumba - Family Friendly</b> (Group Exercise - Dance) Gymnasium	10:15AM - 11:00AM <b>Zumba - Family Friendly</b> (Group Exercise - Dance) Gymnasium	10:15AM - 11:00AM <b>Barre</b> (Group Exercise - Mind Body) Gymnasium	10:15AM - 11:00AM <b>ROYPUMP</b> (Group Exercise - Strength) Aerobics Studio	10:15AM - 11:00AM <b>ROYPUMP</b> (Group Exercise - Strength) Aerobics Studio	10:15AM - 11:00AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio	10:15AM - 11:00AM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio
	10:15AM - 11:00AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio	10:15AM - 11:00AM <b>Plates</b> (Group Exercise - Mind Body) Mind/Body Studio				10:15AM - 12:15PM <b>Pickleball All Levels Play</b> (Pickleball) Gymnasium	10:15AM - 12:15PM <b>Pickleball All Levels Play</b> (Pickleball) Gymnasium
10:25AM						10:25AM - 10:55AM <b>Preschool Stage 3 Swim Lessons</b> (Swimming Lessons - Preschool) Indoor Pool	
						10:25AM - 10:55AM <b>Preschool Stage 1 &amp; 2 Swim Lessons</b> (Swimming Lessons - Preschool) Indoor Pool	
10:30AM	10:30AM - 11:25AM <b>Aqua Fit Life</b> (Group Exercise - Aqua) Indoor Pool	10:30AM - 11:25AM <b>Zumba - Family Friendly</b> (Group Exercise - Dance) Aerobics Studio	10:30AM - 11:25AM <b>Zumba - Family Friendly</b> (Group Exercise - Dance) Aerobics Studio	10:30AM - 11:30AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	10:30AM - 11:30AM <b>Aqua Zumba</b> (Group Exercise - Aqua) Indoor Pool	10:30AM - 11:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room	10:30AM - 11:15AM <b>Cycle - iStudio Virtual</b> (Group Exercise - Cardio) Cycling Room
10:40AM				10:30AM - 11:25AM <b>Genie Yoga</b> (Group Exercise - Mind Body) Mind/Body Studio	10:30AM - 11:25AM <b>Zumba - Family Friendly</b> (Group Exercise - Dance) Aerobics Studio	10:40AM - 11:25AM <b>Youth Stage 4 Swim Lessons</b> (Swimming Lessons - Youth) Indoor Pool	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:45AM							10:45AM - 11:30AM Youth Stage 1 & 2 Swim Lessons (Swimming Lessons - Youth) Indoor Pool 10:45AM - 11:30AM Youth Stage 3 Swim Lessons (Swimming Lessons - Youth) Indoor Pool
11:00AM	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV 11:00AM - 12:00PM Open Gym - Half Court (Open Gym) Gymnasium	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	11:00AM - 11:45AM Aqua Fit (Group Exercise - Aqua) Indoor Pool 11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV 11:00AM - 12:00PM Open Gym - Half Court (Open Gym) Gymnasium	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV 11:00AM - 1:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymnasium 11:00AM - 12:00PM Open Gym - Half Court (Open Gym) Gymnasium	11:00AM - 1:00PM Pickleball Beginner/Intermediate Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	11:00AM - 1:00PM Pickleball Beginner Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV
11:05AM						11:05AM - 11:35AM Preschool Stage 3 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool 11:05AM - 11:35AM Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool	
11:15AM	11:15AM - 11:45AM Les Mills CORE (Group Exercise - Strength) Aerobics Studio	11:15AM - 11:45AM Women on Wheels (Group Exercise - Strength) Wellness Center	11:15AM - 12:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymnasium 11:15AM - 12:10PM Pilates (Group Exercise - Mind Body) MindBody Studio	11:15AM - 12:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymnasium	11:15AM - 11:45AM Les Mills CORE (Group Exercise - Strength) Aerobics Studio		
11:30AM	11:30AM - 12:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymnasium					11:30AM - 12:00PM Preschool Stage 4 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool 11:30AM - 12:10PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	11:30AM - 12:00PM Pierce - InStudio Virtual (Group Exercise - Strength) Aerobics Studio
11:35AM							11:35AM - 12:05PM Preschool Stage 3 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool 11:35AM - 12:05PM Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool
11:40AM						11:40AM - 12:10PM Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool 11:40AM - 12:10PM Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool	
12:00PM	12:00PM - 12:15PM ShredSneakers (Group Exercise - Strength) Aerobics Studio 12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room 12:00PM - 2:00PM Pickleball All Levels Play (Pickleball) Gymnasium	12:00PM - 12:15PM ShredSneakers (Group Exercise - Strength) Aerobics Studio 12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room 12:00PM - 11:59PM Open Swim Indoor Pool 12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room 12:00PM - 2:00PM Pickleball All Levels Play (Pickleball) Gymnasium	12:00PM - 12:15PM ShredSneakers (Group Exercise - Strength) Aerobics Studio 12:00PM - 11:59PM Open Swim Indoor Pool 12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room 12:00PM - 2:00PM Pickleball All Levels Play (Pickleball) Gymnasium	12:00PM - 12:45PM Open Swim Indoor Pool 12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room 12:00PM - 2:00PM Pickleball All Levels Play (Pickleball) Gymnasium		
12:15PM							12:15PM - 2:15PM Gym Reserved For Rental - Full Court (Open Gym) Gymnasium
12:30PM						12:30PM - 1:20PM Step - InStudio Virtual (Group Exercise - Cardio) Aerobics Studio 12:30PM - 6:45PM Open Swim (Open Swim) Indoor Pool	12:30PM - 1:20PM Barre - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio
1:00PM	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 2:45PM Aqua Fit (Group Exercise - Aqua) Indoor Pool 1:00PM - 3:00PM Pickleball Intermediate/Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV
1:15PM	1:15PM - 2:00PM Chair Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	1:15PM - 2:00PM Chair Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio					
1:30PM					1:30PM - 2:00PM Gentle Yoga - InStudio Virtual (Group Exercise - Strength) Aerobics Studio	1:30PM - 2:00PM Pierce - InStudio Virtual (Group Exercise - Strength) Aerobics Studio	1:30PM - 2:15PM Vinyasa Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio
2:00PM	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium	2:00PM - 3:00PM Lap Swim - 3 Lanes (Lap Swim) Indoor Pool	
2:15PM							2:15PM - 5:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium
2:30PM	2:30PM - 3:20PM Step - InStudio Virtual (Group Exercise - Cardio) Aerobics Studio		2:30PM - 3:15PM Vinyasa Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio 2:30PM - 6:00PM Teen Room (Teen Room) Teen Room	2:30PM - 3:20PM Plates - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio 2:30PM - 6:00PM Teen Room (Teen Room) Teen Room	2:30PM - 3:20PM Gentle Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio 2:30PM - 6:00PM Pickleball All Levels Play (Pickleball) Gymnasium	2:30PM - 3:20PM Step - InStudio Virtual (Group Exercise - Cardio) Aerobics Studio	
3:00PM	3:00PM - 5:00PM Youth Basketball Gym Time - Full Court (Open Gym) Gymnasium		3:00PM - 5:00PM Youth Basketball Gym Time - Full Court (Open Gym) Gymnasium	3:00PM - 5:00PM Youth Basketball Gym Time - Full Court (Open Gym) Gymnasium	3:00PM - 5:00PM Youth Basketball Gym Time - Full Court (Open Gym) Gymnasium		
3:30PM	3:30PM - 4:20PM Muscle Pump - InStudio Virtual (Group Exercise - Strength) Aerobics Studio		3:30PM - 4:20PM Pierce - InStudio Virtual (Group Exercise - Strength) Aerobics Studio	3:30PM - 4:20PM Y Flow - InStudio Virtual (Group Exercise - Cardio) Aerobics Studio	3:30PM - 4:20PM Barre - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	3:30PM - 4:20PM Gentle Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	
4:00PM					4:00PM - 7:45PM No Lap Lanes Available (Lap Swim) Indoor Pool	4:00PM - 5:00PM Youth Basketball Gym Time - Full Court (Open Gym) Gymnasium	4:00PM - 4:45PM Adaptive Open Swim (Open Swim) Indoor Pool
4:15PM			4:15PM - 8:30PM Lap Swim - 1 Lane (Lap Swim) Indoor Pool				
4:30PM	4:30PM - 5:10PM Muscle Pump - InStudio Virtual (Group Exercise - Cardio) Cycling Room					4:30PM - 5:20PM Muscle Pump - InStudio Virtual (Group Exercise - Strength) Aerobics Studio	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00PM	<p>5:00PM - 9:30PM <b>Gym Reserved For Programming - Full Court</b> (Open Gym) Gymnasium</p> <p>5:00PM - 7:00PM <b>Pickleball Beginner/Intermediate Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV</p>			<p>5:00PM - 7:00PM <b>Pickleball Advanced Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV</p> <p>5:00PM - 8:00PM <b>Gym Reserved For Programming - Full Court</b> (Open Gym) Gymnasium</p> <p>5:00PM - 8:00PM <b>Child Watch</b> (Child Watch) Brandy's Playroom</p> <p>5:00PM - 8:00PM <b>Star Service</b> (Star Service) Brandy's Playroom</p> <p>5:00PM - 5:45PM <b>Cycle - InStudio Virtual</b> (Group Exercise - Cardio) Cycling Room</p> <p>5:00PM - 5:45PM <b>Lee Mills TONE</b> (Group Exercise - Cardio) Aerobics Studio</p>	<p>5:00PM - 8:00PM <b>Family Gym Time (No Pickleball) - Half Court</b> (Open Gym) Gymnasium</p> <p>5:00PM - 8:00PM <b>Gym Reserved For Programming - Half Court</b> (Open Gym) Gymnasium</p> <p>5:00PM - 7:00PM <b>Pickleball Intermediate/Advanced Level Play - Outdoor</b> (Pickleball) Outdoor Pickleball Courts - CV</p>	<p>5:00PM - 7:00PM <b>Family Gym Time (No Pickleball) - Full Court</b> (Open Gym) Gymnasium</p>		
5:15PM			<p>5:15PM - 8:00PM <b>Aqua Fit</b> (Group Exercise - Aqua) Indoor Pool</p>					
5:30PM	<p>5:30PM - 6:15PM <b>BODYCOMBAT - Family Friendly</b> (Group Exercise - Cardio) Aerobics Studio</p> <p>5:30PM - 6:15PM <b>Pilates</b> (Group Exercise - Mind Body) MindBody Studio</p>			<p>5:30PM - 6:25PM <b>Boot Camp</b> (Group Exercise - Cardio) Gymnasium</p>		<p>5:30PM - 6:20PM <b>Fit Box - InStudio Virtual</b> (Group Exercise - Cardio) Aerobics Studio</p>		
5:45PM	<p>5:45PM - 6:30PM <b>BMX</b> (Group Exercise - Cycle) Cycling Room</p>			<p>5:45PM - 6:40PM <b>Restorative Yoga</b> (Group Exercise - Mind Body) MindBody Studio</p>				
6:00PM				<p>6:00PM - 6:45PM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio</p>				
6:30PM	<p>6:30PM - 7:25PM <b>Yoga</b> (Group Exercise - Mind Body) MindBody Studio</p> <p>6:30PM - 7:35PM <b>BODYPUMP</b> (Group Exercise - Strength) Aerobics Studio</p>			<p>6:30PM - 7:30PM <b>Cycle - InStudio Virtual</b> (Group Exercise - Cardio) Cycling Room</p>				
7:00PM				<p>7:00PM - 7:55PM <b>Yoga</b> (Group Exercise - Mind Body) MindBody Studio</p>				
8:00PM				<p>8:00PM - 10:00PM <b>Open Gym - Full Court</b> (Open Gym) Gymnasium</p>				
8:30PM				<p>8:30PM - 9:45PM <b>Lap Swim - 4 Lanes</b> (Lap Swim) Indoor Pool</p> <p>8:30PM - 9:45PM <b>Open Swim</b> (Open Swim) Indoor Pool</p>				
9:30PM	<p>9:30PM - 10:00PM <b>Open Gym - Full Court</b> (Open Gym) Gymnasium</p>							