

Coatesville YMCA | December 30th - January 5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00AM	12:00AM - 1:00AM	12:00AM - 1:00AM	12:00AM - 1:00AM	12:00AM - 1:00AM	12:00AM - 1:00AM	12:00AM + 1:00AM	12:00AN - 1:00AM
	Y Achievers	Y Achievers	Y Achievers	Y Achievers	Y Achievers	Y Achievers	Y Achievers
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Name StatisticsNote 1 and StatisticsNote 1 and 	IGAM - 10:00PM 5:0 mi Private Training - 30 Minute - 1 Session Se	Wellness Center 1 5:00AM - 10:00PM Semi Private Training - 30 Minute - 1 Session	ndoor Pool 3:00AN - 10.00PM Physie Swim Lessons	5:00AM - 10:00PM Private Swim Lessons
Extra start and start 	Iness Center We		Swimming Lessons - Private) ndoor Pool	(Swimming Lessons - Private) Indoor Pool
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Note:	IGAM - 10:00PM	5:00AM - 10:00PM Private Swim Lessons Swimming Lassons - Private) Indoor Pool		
Label 2009/PM Careford Mark Careford Mark 	00AM - 10:00PM 5:0 xt Level Sports Performance Private Training-1 Session Net	500AH - 10.00PM Kent Level Sports Performance Private Training-1 Session Sports Classics) ContextUR VICA		
State State <th< td=""><td>IOAM - 10:00PM xt Level Soorts Performance Private Training-12 Session</td><td>Conterville YHCA SOGAM - 10.00PM Kest Level Sports Performance Private Training-12 Session Sports Classed; Cataloxille YHCA</td><td></td><td></td></th<>	IOAM - 10:00PM xt Level Soorts Performance Private Training-12 Session	Conterville YHCA SOGAM - 10.00PM Kest Level Sports Performance Private Training-12 Session Sports Classed; Cataloxille YHCA		
Sector 1: 3000* Sector 1:	IGAM - 10:00PM St. Average St.	5.00AM - 10.00PM Next Level Sports Performance Private Training-4 Session		
DependenciesDependenciesDependenciesDependenciesStatut		Sports Classed; Catewile YMA SoldM - 10:00PM Next Level Sports Performance Private Training-8 Session Sports Classed;		
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1 2000-1 3000% 3 March - 2 Seation 2 Sold - 3 Seation Proceed Training - 30 Minute - 1 Seation Proceed Training - 30 Minute - 1 Seation Proceed Training - 10 III Marchan D Training - 10 III Proceed Training - 10 IIII Proceed Training - 10 IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	NDAM - 10:00PM 5:0 rsonal Training - 30 Minute - 1 Session PP P Villeness Center Villeness Center Villeness Ville	5:00AM - 10:00PM Personal Training - 1 Hour - 8 Sessions Personal Training - 1 on 1) Wellness Center		
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:15AM	5:15AM - 6:00AM Cycle (Group Evenciae - Cycle) Cycling Room	5:15AM - 6:10AM BODYPUMP (Group Exercise - Strength) Aerobics Studio		S:ISAM - 6:10AM BODYPUMP (Group Exercise - Strength) Aerobics Studio	S:15AM - 6:00AM Cycle (Group Exercise - Cycle) Cycling Room				
5:45AM					S-45AM - 6-30AM BOOYCOMBAT (Group Exercise - Cardio) Aerobics Studio				
	6:00AM - 6:55AM Yoga (Group Exercise - Mind Body) Mind(Body Studio				6:00AH -6:55AM Yoga (Group Exercise - Mind Body) Mind(Body Studio				
	6.00AH - 6.55AM BOOPMINE (Group Exercise - Strength) Aerobics Studio	-							
6:15AM		6:15AM - 7:00AM Cycle (Group Exercise - Cycle) Cycling Room		6:15AM - 7:00AM Cycla (Group Exercise - Cycle) Cycling Ream					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30AM	Calor - 7.10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room		realizady		Cadada - 7-10AM Cycle - Instrucie Virtual (Group Exercise - Cardio) Cycling Joan	Catcher Roy San Private Training - Hour - 1 Session (Remond Training - Semi Private) Wellness Catcher	6-20M-6-20PM Semi Private Training - 1 Hour - 1 Session (Perconal Training - Semi Private) Wellniss Center
						6-30AH - 6-30PM Semi Private Training - 30 Minute - 1 Session (Percond Training - Semi Private) Wellness Central	6:30AM - 6:30PM Semi Private Training - 30 Minute - 1 Session (Perronal Training - Semi Private) Welness Chert
						6-30AH - 6-30PM Event 360 - 1 Scan (Evel 360) Wellnes: Center	6 JOAN - 6.30PM Evol 360 - 1 Scan (Evol 360) Wellines Catter
						6-30A4 - 6-30PM Evolt 360 - 4 Scans (Evolt 360) Wellnes: Canter	- 6:30AM - 6:30PM Evolt 360 - 4 Scans (Evolt 360) Weinnes Conter
							6:30AM - 6:30PM Evolt 360 - 6 Scans (Evolt 360) Wallnas Center
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						6-20MM - 6:20MM Next Level Sports Performance Private Training-1 Session (Sports Castacular MCA Castacular MCA	6:30M-6:30PM Next Level Sports Performance Private Training-1 Session (Sports Classos) Costatoville MCA
						6.3044 - 6.30PM Next Lavel Sports Performance Private Training-12 Session (Sports Classics) Courselile YRCA	6:30AM - 6:30PM Next Level Sports Performance Private Training-12 Session (Sports Classes) Costeorulle MICA
						6:30AH - 6:30PM Next Lavel Sports Performance Private Training-4 Session (Sport: Classos) Coatescille VRCA	6:30M - 6:30PM Next Level Sports Performance Private Training-4 Session (Sports Classes) Costesville VMCA
						- 6:30ML - 6:30M Met L Level Sports Performance Private Training-8 Session (Sports Causes) Catasculia MCA	6:30M - 6:30PM Next Level Sports Performance Private Training-8 Session (Sports Classos) Costesville MICA
						6.304M - 6.30PM Next Lavel Sports Performance Private Training-Baseline (Sports Classes) Coatescille VRCA	6:30AM - 6:30PM Next Level Sports Performance Private Training-Baseline (Sports Classes) Costesville VMCA
						6:30AH - 6:30PM Next Level Sports Performance SemiPrivate Training-1 Session (Sport Casacu) Casteculia MCA	6:30M - 6:30PM Next Level Sports Performance SemiPrivata Training-1 Session (Sports Classes) Costatoville MICA
						6-30AH - 6-30PM Next Lavel Sports Performance SemiPrivate Training-12Session (Sport Classed) Coateschile YBCA	6:30M-6:30PM Next Level Sports Performance SemiPrivate Training-12Session (Sports Classos) Costeaville MICA
						6:3044 - 6:30PM Next Lavel Sports Performance SemiPrivate Training-4 Session (Sport: Classes) Coatescille YBCA	6:30AM - 6:30PM Next Level Sports Performance SemiPrivate Training-4 Session (Sports Classes) Costasville VICA
						6:30AH - 6:30PM Next Lavel Sports Performance SemiPrivate Training-8 Session (Sport Classes) Coateschill YBCA	6:30MI - 6:30PM Next Level Sports Performance SemiPrivate Training-8 Session (Sports Classed) Coatasville YICA
						6:30AH - 6:30PM Next Lavel Sports Performance SemiPrivate Training-Baseline (Sports Classes) Causeville YMCA	6:30MM - 6:30PM Next Level Sports Performance SemiPrivate Training-Baseline (Sports Closer (Souther Ville YMCA
						6:30AM - 6:30PM Personal Training - 1 Hour - 1 Session (Personal Training - 1 on 1) Welfnest Center	6:30MM - 6:30PM Personal Training - 1 Hour - 1 Session (Personal Training - 1 on 1) Weinness Center
						6:30AM - 6:30PM Personal Training - 1 Hour - 12 Sessions (Personal Training - 1 on 1) Wellness Center	6:30AM - 6:30PM Personal Training - 1 Hour - 12 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30AH - 6:30PM Personal Training - 1 Hour - 4 Sessions (Personal Training - 1 on 1) Wellness Center	6:30MA - 6:30PM Personal Training - 1 Hour - 4 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30AH - 6:30PM Personal Training - 1 Hour - 8 Sessions (Personal Training - 1 on 1) Wellness Center	6:30MA - 6:30PM Personal Training - 1 Hour - 8 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30A4 - 6:30PM Personal Training - 30 Minute - 1 Session (Personal Training - 1 on 1) Wellness Center	6:30AM - 6:30PM Personal Training - 30 Minute - 1 Session (Personal Training - 3 on 1) Weilness Center
						6:30A4 - 6:30PM Personal Training - 30 Minute - 12 Sessions (Personal Training - 1 on 1) Wellness Center	6:30AM - 6:30PM Personal Training - 30 Minute - 12 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30A4 - 6:30PM Personal Training - 30 Minute - 3 Sessions (Personal Training - 1 on 1) Wellness Center	6:30AM - 6:30PM Personal Training - 30 Minute - 3 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30AM - 6:30PM Personal Training - 30 Minute - 4 Sessions (Personal Training - 1 n 1) Weilness Center	6:304M - 6:30PM Personal Training - 30 Minute - 4 Sessions (Personal Training - 1 on 1) Wellness Center
						6:30AH - 6:30PM Personal Training - 30 Minute - 8 Sessions (Personal Training - 1 on 1) Wellness Center	6:30AM - 6:30PM Personal Training - 30 Minute - 8 Sessions (Personal Training - 1 on 1) Weilness Center
						6:30A4 - 6:30PM Semi Private Training - 1 Hour - 4 Sessions (Personal Training - Semi Private) Wellness Center	6:30AM - 6:30PM Semi Private Training - 1 Hour - 4 Sessions (Perronal Training - Semi Private) Wellness Center
						6:30AN - 6:30PM Semi Private Training - 1 Hour - 8 Sessions (Personal Training - Semi Private) Weitness Center	6:30AM - 6:30PM Semi Private Training • 1 Hour • 8 Sessions (Personal Training - Semi Private) Welness Center
						6:30AM - 6:30PM Semi Private Training - 1 Hour - 12 Sessions (Personal Training - Semi Private) Wellness Center	6:30AM - 6:30PM Semi Private Training • 1 Hour • 12 Sessions (Perronal Training - Semi Private) Welness Center
						6:30AM - 6:30PM Semi Private Training - 30 Minute - 4 Sessions (Personal Training - Semi Private) Wellness Center	6:30AM - 6:30PM Semi Private Training - 30 Minute - 4 Sessions (Personal Training - Semi Private) Welness Center
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					2004 0000	6:30AH - 6:30PM Semi Private Training - 30 Minute - 12 Sessions (Personal Training - Semi Private) Wellness Center	6:30AH - 6:30PM Semi Private Training - 30 Minute - 12 Sessions (Perronal Training - Semi Privata) Welness Center 2004M - 0:00AM
F00AM	7 205M + 200M Open Gym - Half Court (Gymnasium	_		7.000M 9.000M Open Gym - Yimi 1 Copen Gym - Jack Court (Cymnadum	7.00AM - 900AM Open Gym - Half Court (Open Gym - Half Court Gymnasum	7:00M/ 8:00M Open Gym - Full Court (Dym Gym) Gymnasum	7:00AH - 9:00AH Gym Riserved For Programming - Full Court (Open Gym) Gymnasium
7.1644	7 00AH - 9-00AH Pickleball Al Levels Play (Pickleball Gymnasium	7.15.M 7.45AM		7.00AM 9:00AM Pickleball All Levels Play (Picklebal) Gymnalum 7.35AM 7.45AM	7.00AM - 9:00AM Pickieball All Levels Play (Fickiebal) Gymnacium	7:00AV - 8:45AH Lap Senim - 6 Lanes (Lap Senim) Indoor Pool	7:00AM 8:45AM Lap Swim - 6 Lanes (Lap Swim) Indeo Pool 7:15AM 0:00AM
7:35AM	7:3044-8:15AM	?15AM.7/65AM Lest Mill.CORE (Group Exercise - Strength) Aerobics Studio 7.33AM.9.810AM		7.35M. 746AM Lea Mille CORE (Group Exercise - Strength) Aerobics Studio	7-30AH - 8-10AM	7:30AH - 8:00AM	7:154M - 8:00AM Les Mills STRENGTH DEVELOPMENT Demo (Graup Exercise - Strength) Aerobics Studio
	7:3044 - 8:15AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	7:30AM - 8:30AM Cycle - InStudio Virtual (Group Eversion - Cardio) Cycling Room		7:30AH - 8:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	7:30AM - 8:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	7:30AV - 8:00AV Les Mits CORE - Family Friendly (Group Exercise - Strength) Aerobic Studio	

8:00AM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
E-DUARI	8:00AM - 8:55AM Gentie Yoga (Group Excrise. Mind Body) Mind/Body Studio	8:00AM - 8:45AM BODYCOMBAT - Family Friendly (Group Exercise - Cardio) Aerobics Studio		8:00AM - 8:45AM BODYCOMBAT - Family Friendly (Group Exercise - Cardio) Aerobics Studio	8:00AM - 8:45AM Pilates (Group Exercise - Mind Body) Mind/Body Studio	8:00A4 - 2:0PM Gym Reserved For Programming - Full Court (Open Gym) Gymrasium	
	8.00AM - 8.45AM Les Mille TONE (Group Exercise Cardio) Aerobics Studio	8:00AM - 8:55AM Pilates (Group Exercise - Mind Body) Mind/Body Studio		8:00AM - 8:55AM Pilates (Group Exercise - Mind Body) Mind(Body Studio	8.00AM - 8.45AM Les Mills TONE (Group Exercise - Cratio) Aerobics Studio		
8:15AM	Aerobics Studio	Mind(Body Studio		Mind(Body Studio	Aerobics Studio	8:15AM - 9:00AM	8:15AM - 8:45AM Les Mills CORE - Family Friendly
						8:15AH9:00AH Cycle (Group Exercise - Cycle) (Cycling Room	Les Mills CORE - Family Friendly (Group Exercise - Strength) Aerobics Studio
						8:15AH - 9:00AH BODYCOMART - Family Friendly (Group Exercise - Cardio) Aerrolic Studio	
8:30AM	8:30AM - 9:15AM	8:30AM - 9:10AM	8:30AM - 9:10AM	8:30AM - 12:00PM	8:30AM - 12:00PM	Aerobics Studio 8:30AM - 12:00PM	8:30AM - 12:00PM
	8 3004 - 9: 1540 Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	8:30AM - 9:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	8:30AM - 9:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	8:30AV - 32:00M Child Watch (Child Watch) Brandy's Playroom	6:30AH 22:00PH Child Watch (Child Watch) Brandy's Raynoom	8:30A4 - 12:00PM Child Watch (Child Watch) Brandy's Playroom	8 3044 - 12 20044 Child Watch (Child Watch) Brandy's Raynoom
				8:30AM - 12:00PM Sitter Service (Sitter Service) Brandy's Playroom	8:30AM - 12:00PM Sitter Service (Sitter Service) Brandy's Playroom		
				8:30AM - 9:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	8:30AM - 9:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Neon		
8:45AM				Cycung Woom	Cycing noom	8 x55M - 2.007M Lap Swim - 1 Lane (Lap Swim - 1 Lane (Lap Swim - 1 Lane (Lap Swim - 1 Lane (Lap Swim - 1 Lane)	8.45M - 1.00PH Lap Swim - 1 Lane Libp Swim - 1 Lane Indoor Peol
9:00AM	9:00AM - 9:45AM	9:00AM - 9:45AM	9:00AM - 9:45AM	9:00AM - 7:30PM	9:00AM - 9:45AM	Indoor Pool 9:00AM - 3:00PM	Indoor Pool 9:00AM - 9:55AM
	9:00AM - 9:45AM Aqua Fit (Group Exercise - Aqua) Indoor Pool	Total Body Conditioning (Group Exercise - Cardio) Aerobics Studio	9:00AM - 9:45AM Fit Lite (Group Exercise - Strength) Gymnasium	9:00AM - 7:30PM Therapy Pool (Pool Amenicae) Indoor Therapy Spa	9:00AM - 9:45AM Aqua Fit (Group Exercise - Aqua) Indoor Pool	9:00AM - 3:00PM Therapy Pool (Pool Amenities) Indoor Therapy Spa	9:00AM - 9:55AM Tal Chi - Beginner (Group Exercisa - Mind Body) Mind(Body Studio
	9:00AM - 11:00AM Pickkeball All Levels Play - Outdoor (Pickkeball) Outdoor Pickkeball Courts - CV	9:00AM - 11:00AM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	9:00AM - 10:00AM Gentle Yoga (Group Exercise - Mind Body) Mind(Body Studio	9:00AM - 4:15PM Lap Swim - 3 Lanes (Lap Swim) Indoor Pool	9:00AM - 7:30PM Therapy Pool (Pool Amenilies) Indoor Therapy Spa	9:00AH - 9:30AH Parent/Child Swim Lessons (Swimming Lessons - Parent/Child) Indoor Pool	9:00AM - 3:00PM Therapy Pool (Pool Amentics) Indoor Therapy Spa
	9:00AH - 11:00AH Pickleball Beginner Level Play (Pickleball) Gymnasium	9:00AM - 9:45AM Fit Lite (Group Exercise - Strength) Gymnaslum	9:00AM - 11:00AM Pickleball All Levels Play - Outdoor	9.00AM - 9-45AM Total Body Conditioning (Group Exercise - Cardio) Aerobics Studio	9:00AM - 4:00PM Lap Swim - 3 Lanes (Lap Swim) Indoor Pool	9 00MH - 9 454M Youth Stage & Swim Lessons (Swimming Lessons - Youth) Indotr Pol	9:00AM - 9:45AM Adult/Teen Beginner Swim Lessons (Swimming Lessons - Adult) Indoor Pool
	9:00AM - 9:45AM		(Pickleball Ouddoor Pickleball Courts - CV 9:00AM - 9:55AM Boot Camp - Family Friendly	Aerobics Studio 9:00AM - 11:00AM Pickleball All Levels Play - Outdoor	9.00AM - 11.00AM Pickbeall All Levels Play - Outdoor		
	Step (Group Exercise - Cardio) Arrobics Studio	9:00AM - 9:50AM Aquio Fit Desig (Graup Exercise : Aqua) Indoor Pool 	(Group Exercise - Cardio) Aerobics Studio	(MORESAII) Outdoor Pickleball Courts - CV	(Hokeball) Outdoor Pickleball Courts - CV	9.0034 - 50794 Elli & Asocciaes Lifeguarding Course (Lifeguard Cartholication) Indoor Pool 9.0044 - 17.0044	9 00AM - 2:00H EBB 6 A Ketechchke Lifeguarding Course Lifeguard Cartification Indoor Pool 9 00AM - 2:00PM
	9:00AH - 9:55AM Gentils Yoga (Group Exercise - Mind Body) Mind(Body Studio	9:00AM - 9:55AM Gentle Yoga (Group Evercise - Mind Body) Mind(Body Studio		9:00AM - 11:00AM Pickleball Beginner Level Play (Picklebal) Gymnasium	9 (OLM4 - 9-55AM BODYCOMBAT (Group Exercise - Cardio) Aerobics Studio	9:00AH - 11:00AM Pickbeball Advanced Level Play - Outdoor (Pickbeball) Outdoor Pickbeball Courts - CV	9:0044 - 2:0094 Ellis & Associates Re-Certification Course (Lleguard Contincation) Indoor Pool
	9:00AM - 9:55AM Boot Camp - Family Friendly (Group Exercise - Cardio) Gymnasium			9:00AM - 9:45AM FR Lite (Group Exercise - Strength) Gymnasium	9:00AM - 11:00AM Pickball Beginner Level Play (Rickball) Gymnasium	9:00AN - 9:55AM Yoga (Group Exercise - Mind Body) Mind(Body Studio	9:00AM - 10:15AM Open Gym - Kalf Court (Open Gym) Gymnasium
				9:00AM - 9:55AM Gentle Yoga (Group Exercice - Mind Body) Mind(Body Studio	9:00AM - 9:45AM FR LTe (Group Exercise - Strength) Gymnacium		e CODAM - 11-3CDAM Silter Service (Sitter Service) Brandy's Rayroom
				Mingleody Studio	vymaacum 9:00AM - 10:15AM Yega (Group Exercise - Mind Body) Mindibory Studio		9:00XH - 9y1550M 9:00XH - 9:00XH - Family Friendly (Croup Exercise - Cardio) Arrobics Studio
					(Group Exercise - Mind Body) Mind/Body Studio		0.0010 13.0010
							Frickleball Intermediate/Advanced Level Play - Outdoor (Frickleball) Outdoor Frickleball Courts - CV
9:15AM			9:15AM - 10:00AM Aqua Fit (Group Exercise - Aqua) Indoor Poel			9:15AM - 10:10AM BODYFUMP (Group Exercise - Strength) Aerobics Studio	9: ISAM - 10:00AM Boot Camp ((Group Exercise - Cardio) Gymnaclum
							9:15AM - 10:00AM Cycle (Group Exercise - Cycle) Cycling Room
9:30AM						9:30AM - 10:10AM Cycle - InStudie Virtual (Group Exarcise - Cardio) Cycling Room	a handi sanan
9:35AM						Cycing Noom 9:35M-10:200M Youth Stage 1.6.2 Swim Lessons (Swimming Lessons - Youth) Indoor Pol	
						Indoor Pool 9.35AN - 10-20AM 9.35AN - 10-20AM	
						9:35AM - 10:20AM Youth Stage 3 Swim Lessens (Swimmig Lessons - Youth) Indior Pool	
9.50AM						9:50AH - 10:35AH Youth Stage 5 Swim Lessons (Saimimig Lessons - Youth) Indoor Pool	9:50AM -10:35AM Youth Stage 1 & 2 Swim Lessons (Swimming Lessons - Youth) Indoor Pool
							9:50LM - 10:35AM Youth Stage 3 Swim Lessons (Swimming Lessons - Youth) Indoor Pool
10:00AM	10:00AM - 10:55AM BOOYPUMP (Group Exercise - Strength) Aerobics Studie	10:00AM - 11:00AM Cycle & Strength (Group Exercise - Cycle) Cycling Room		10.00AM - 10.45AM RPM (Group Exercise - Cycle) Cycling Ream	10:00AM - 10:55AM Barre (Group Exercise - Mind Body) Gymnasium		Indoor Pool 10.00044 - 10.5544 Tal Chi - Intermediate (Group Exercise - Mind Body) MindBody Studio
	rumay cartcher - sonnguny Aerobics Studio	10-00AM - 10-55AM		Cycling Room 10:00AM_10:45AM	(unrup Exercise - Hinu bouy) Gymnasium		vurtap Exercise - verra booyy Mind@ody Studio
		Yoga (Group Exercise - Mind Body) Mind(Body Studio		10:00AM - 10:45AM Zumba Tone (fitrio pExrcla - Dance) Arrobics Studio			
		10:00AM - 10:55AM BODYPUMP (Group Exercise - Strength) Aerobics Studio		10:00AM - 10:55AM Gentle Yoga (Group Exercise - Mind Body) Mind(Body Studio			
				10:00AM - 10:55AM BODYPUMP (Group Exercise - Strength) Gymrasium			
10:15AM	10:15AM - 11:00AM Zumba - Family Friendly (Group Exercise - Dance)		10:15AM - 11:10AM Barre (Group Exercise - Mind Body)	vyoittäädätti	10:15AM - 11:00AM BODYPUMP (Group Exercise - Strength)	10.15AN - 11.10AN Pilates (Croup Exercise - Mind Body) MindBody Studio	10:15AM - 11:10AM BODYPUMP (Group Exercise - Strength) Aerobic Studio
	Cymriadum 10.5544 11:10.644 Pilates (Group Evercice - Mind Body) Mindbedy Suido	—	Gymnasium -		(Group Exercise - Szength) Aerobics Studio	Mind/Body Studio	Aerobic Studio 10.15AH - 12.15PM PPickbeal All Levels Play (Pickbeal) Gymnakum
	(Group Exercise - Mind Body) Mind(Body Studio						(Pickleball) Gymnasium
10:25AM						10.25AH - 10.55AH Preschod Stage 3 Swim Lessons (Swimming Lessons - Preschool) Indior Pool	
						10:25AM - 10:55AM Preschool Stage 1. & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool	
10:30AM	10:30AM - 11:25AM Agua Fit Lite	10:30AM - 11:25AM	10:30AM - 11:15AM Zumba - Family Friendly		10:30AM - 11:30AM Agusa Zumba	10:30AM - 11:10AM Cvde - InStudio Virtual	10:30AM - 11:10AM Cvcle - InStudio Virtual
	10.30AM - 11.25AM Aqua Fit Life (Group Exercise: Aqua) Indson Pool	10:30AM - 11:25AM Aqua Fit (Group Exercise - Aqua) Indoor Pool	10:30AM - 11:15AM Zumba - Family Friendly (Group Exercise - Dance) Aerobics Studio		10:30AM - 11:30AM Aqua Zumba (Group Exercise - Aqua) Indoor Pool	10:30AH - 11:10AH Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	10:30AM - 11:10AM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room
					10:30AM - 11.25AM Gentle Yoga (Group Exercise - Mind Body) Mind(Body Studio	10:30AM - 11:25AM Zumba - Family Friendly (Group Exercise - Dance) Aerobics Studio	
10:40AM					rentand anno	Acroscs Studio 10-00AH - 11:25AH Youth Stage 6 Swim Lessons	
						(Swimming Lessons - Youth) Indoor Pool	

10:45AM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday 10.45AN - 11:30AM Youth Stage I & 2 Swim Lessons (Swiming Lessons - Youth) Indoor Pool Indoor Pool
							10:45AN - 11:30AM Youth Stage 3 Swim Lessons (Swimming Lessons - Youth) Indoor Pool
11:00444	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Picklebal) Ourisor Pickleball Courts - CV	11:00AM - 1:00PM Pickball Al Levels Play - Outdoor (Pickball) Outdoor Pickeal Courts - CV	11:00AM - 1:00PM Pickleball All Levels Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	11:00AM - 11:45AM Aqua Pit (Group Exercise - Aqua) Indoor Pool	11:00AW - 1:00PM Pickball Al Levels Play - Outdoor (Pickball) Outdoor Rickball Courts - CV	11:00AH - 1:00PH Pricibali Beginner/Intermediate Level Play - Outdoor (Pricibali) Outdoor Pricibali Courts - CV	11:00AM - 1:00PM Pickibauli Beginner Level Play - Outdoor (Pickibauli Outdoor Pickibauli Courts - CV
	11:004M - 12:00M Open Gym - Half Court (Open Gym) Gymnadum			11:00AM - 100PM Pickleball All Arvest Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV	11:00AW -12:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymrasium - 11:00AW -12:00PM	-	
				11:00AM - 12:00PM Open Gym - Half Court (Open Gym) Gymnasium	11:00AM - 12:00PM Open Sym - Half Court (Open Sym) Gymnasium		
11:05444						11:55M Preschool Stage 3 Swim Lassons (Simming Leasons - Preschool) Inder Piol	_
						11:05AH -11:35AH Preschool Stage 1 & 2 Swim Lessons Swimming Lessons - Preschool) Indoor Pool	
11:1544	1115An 1145AM Lee Mills Cole (Group Exercise - Szrength) Aerobics Studio	11:15AW-11:45AM Wormen on Weights (Group Exercise -Strength) Weilness Conter		11:15:4M - 12:00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymradum 11:15:AM - 12:10PM	11:154A-11456A4 Les Mills Code (Group Exercise -Szenegth) Artobics Studio —		
				11:15AM - 12:10FM Plates (Group Exercise - Mind Body) Mind(Body Studio			
11:30AM	11:30M-12:00M Family Gym Time (No Pickleball) - Half Court (GymcGym) Gymradum					11:30.04 - 12:00M Prechool Stage 4 Swim Lessons Samming Lessons - Preschool) Indor Pool	11:30AM - 12:20FM Fierce - InStudio Virtual (Graup Exercise - Strength) Aerobics Studio
						11:30AH -12:10PM Cycle - InStudio Virtual (Group Exercise - Cando) Cycling Room	11:30AM - 12:10PM Cycle - inStudio Virtual (Group Exercise - Cardio) <i>Cycling Room</i>
11-35AM							11:35AV - 12:05FM Prechool Stage 3 Swim Lessons (Sainming) assons - Prechoal) Indoor Pool
							11:35AM - 12:05PH Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool
11:40AM						11:40.44 - 12:10PM Preschod Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool	_
						11:40AM - 12:10PM Preschool Stage 1 & 2 Swim Lessons (Swimming Lessons - Preschool) Indoor Pool	
12:00PM	12.00PM - 12.55PM SilverSnakers (Group Exercise - Strength) Aerobics Studio	12:00PM - 12:55PM SilverSneakers (Group Exercise - Strength) Aerobics Studio	12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	12:00PM - 12:55PM SilverSneakers (Group Exercise - Strangth) Aerobics Studio	12:00PM - 7:45PM Open Swim (Open Swim) Indeor Peol		
	12:00PH - 12:40PH Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	12:00PM - 12:40PM Cycle - InStudio Virtual (Group Everya c. Cardio) Cycling Room	_	12:00PM - 4-15PM Open Swim (Open Swim) Indoor Pool	12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room		
	12:00PM - 2:00PM Pictoball All Levels Play (Fictoball Gymnacium	-		12:00PM - 12:40PM Cycle - InStudio Virtual (Group Exercise) - Ardio) Cycling Room	12:00PM - 2:00PM Pickdeball All Levels Play (Rickball) Gymnasium	-	
				12:00PH -2:00PH Pictoball All Levels Play (Pictobal) Gymnasium			
12:15PM							12:15PM - 2:15PM Gym Reserved For Rental - Full Court (Open Gym) Gymnasium
12:30PM						12:30PM - 120PM Step - InStudio Virtual (Group Exercise - Cardo) Aerobics Studio	12:30PM - 1:20PM Barre - InStudio Virtual (Grucu Exercised MinBlody) Aerobics Studio
						12:307M - 6:45PM Open Swim (Open Swim) Indoor Pool	12:30PM - 4:45PM Open Swim (Open Swim) Indoor Pool
1:00PM	1:00PH - 3:00PH Pickleball Advanced Level Play - Outdoor (Friddeau) Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Picklebal) Outdoor Pickleball Courts - CV		1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball Outdoor Pickleball Courts - CV	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Fickleball) Outdoor Pickleball Courts - CV	1.00PM - 1.45PM Aqua Fit (Group Exercise - Aqua) Indoor Pool	1:00PM - 3:00PM Pickleball Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV
						1:00PM - 3:00PM Pickieball Intermediate/Advanced Level Play - Outdoor (Pickieball) Outdoor Pickieball Courts - CV	1:00PM - 4-45PM Lap Swim - 3 Lanes (Lap Swim) Indeor Pool
	1:15FM - 2:05FM Chair Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	1:15PM - 2:05PM Pilates - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio					
1:30PM					1:30PM - 2:20PM Gentle Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	1.30MH - 2.20MH Fierce - InStudie Virtual (Group Exercise - Strangth) Aerobics Studio	1:30PM - 2:15PM Vinyasa Yoga - InStudio Virtual (Group Earcia: MinBody) Aerobics Studio
2:00PM	2 20094 - 320094 Family Gym Time (No Pickleball) - Full Court (Gymrazium			2:00P4 - 3:00P4 Family Gym Time (No Pickleball) - Full Court (Open Gym Gymrusium	2:00PM - 3:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym Gymnasium	2.00M - 6.45M Lap Swim - 3 Lanes (Lap Swim) Indoor Pool	
2.15PM							2:15PM - 5:00PM Family Gym Time (No Pickleball) - Full Court (Open Gym) Gymnasium
2:30PM	2 2004 - 2 2004 Step - InStaulia Virtual (Group Exercise - Cardio) Aerobics Studio			2-2004-3-159M Vinyasa Yoga - InStudio Virtual (Group Exercise - Mind Body) Aerobics Studio	2.2004.32004.32004. Pilates - InStudio Virtual (fotop Exercica - Mind Body) Aerobics Studio	2:3694 - 32:094 Gentle Yoga - InStrudio Virtual (Group Exercise - Mind Body) Aerobics Studio	2.2004. 3.2004 Step: inStudied Virtual (Group Exercise - Cardio) Aerobics Studio
20094	2000 2000			2-3094 - 50094 Teen Room (Teen Room) Teen Room	2.30PM - 6.00PM Teen Room (Feen Room Teen Room Teen Room	2:30Pu 4:00Pi Pickleball (Pickleball) Gymnasium	
3.00PM	3.09P+ 5.90PH Youth Backetball Gym Time - Full Court (Open Gym Gymnacum			3:00PM - 5:00PM Youth Baskatball Gym Time - Full Court (Open Gym) Gymrasium 2:20094 - 4:0094	3.00PM - 5.00PM Youth Backetball Gym Time - Full Court (Gpm Gym) Gymnacium 2.00BM - 4.00DM		2.270M 4.109M
3:30PM	3:30PM - 4:20PM Muscle Pump - InStudio Virtual (Group Exercise) Aerobics Studio			3:30PM -4:20PM Flerce - InStudio Virtual (Group Exercise - Strangth) Aerobics Studio	3:30PM -4:20PM Y Box - InStudio Virtual (Group Exercise - Cardio) Antole: - Studio Antole:	3 30MM -4 20MM Barre - InStudio Wirbual (Group Exercise - Mind Body) Ambies Studio	3:30PM - 4-20PM Gentle Yoga - InStudio Virtual (Group Services: Mund Body) Arrobs: Studio Annom A-455M
4:00PM 4:15PM				A-TEM R-ORDM	4:00PM - 7:45PM No Lap Lanes Available (Lap Semi) Indoor Picol	4 00FM - 5 00FM Youth Basketball Gym Time - Full Court (Dgna Ogm) Gymnaalum	4:00PM - 4-45PM Adaptive Open Swim (Open Swim) Indsor Pool
	ADDEM STORM			4:15PM - 8:30PM Lap Swim - 1 Lane (Lap Swim) Indoor Pool		A 2004 5 7004	
*	4.309H - 5.109H C(Group Exercise - Cardio) C(yoling Room					4.39N+ 5.20M Muscle Pemp - InStudio Virtual (Granp Exercise - Strength) Aerobics Studio	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
S:00PM	S 00PM - 9-30PM Gym Reserved For Programming - Full Court (Open Gym) Gymnadum			S:00PM - 7:00PM Pickbabil Advanced Level Play - Outdoor (Pickbabil Outdoor Pickbabil Courts - CV	S-00PM - 8-00PM Family Gym Time (No Pickleball) - Half Court (Open Gym) Gymnasium	S-00PM - 7-00PM Family Gym Time (No Pickleball) - Full Court (Gym Gym Gymnasium	
	5 009H - 7.00PM Pickleball Beginner/Intermediate Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV			S:00PM - 8:00PM Gym Reserved For Programming - Full Court (Open Gym 1 Gymnasium	S.00PM - 8:00PM Gym Reserved For Programming - Half Court (()pen Gym) Gymnasium		
				S-00PH - 8:00PH Child Watch (Child Watch) Brandy's Playroom	S.00PM - 7:00PM Pickleball Intermediate/Advanced Level Play - Outdoor (Pickleball) Outdoor Pickleball Courts - CV		
				S-00PM - B00PM Sitter Service (Sitter Service) Brandy's Playroom	_		
				S:00PM - 5:45PM Cycle - InStudio Virtual (Group Exercise - Cardio) Cycling Room	_		
				S:00PH - SxISPH Les Mills TONE (Group Exercise - Cardio) Aerobics Studio			
5:15PM			S:15PM - 6:00PM Aqua Fit (Group Exercise - Aqua) Indeer Poel				
5:30PM	5-30PH - 6-15PH BODYCOMBAT - Family Friendly (Group Exercise - Cardio) Aerobics Studio			S:30M-625PM Boot Camp (Group Exercise - Cardio) Gymnadum		5:30(Pr - 6:2094) Y Box - InStudio Virtual (Group Exercise - Cardio) Aerobics Studio	
	5:30PM -6:15PM Pilates (Group Exercise - Mind Body) Mind(Body Studio						
	5:45P4 - 6:30PM NPH (Group Exercise - Cycle) Cycling Room			5.459M - 5409M Restorative Yog (Group Exercise - Vina Body) Mind(Body Studio 6.00PM - 5459M			
6:00PM				BODYPUMP (Group Exercise - Strength) Aerobics Studio			
6.30PM	6-30PM - 7-25PM Yoga (Graop Exercise - Mind Body) Mindfody Studio			6:00PM - 7:00PM Cycle - InStudio Vertual (Group Exercise - Cardio) Cycling Reom			
	6-30PM - 7:25PM BODYPUMP (Group Exercise - Strength) Aerobics Studio						
7:00PM				7:00PM - 7:55PM Yoga (Group Exercise - Mind Body) Mind(Body Studio			
8:00PM				8:00PM - 10:00PM Open Gym - Full Court (Open Gym) Gymnasium			
8:30PM				8:30PM - 945PM Lap Swim - 4 Lanes (Lap Swim) Indoor Pool	_		
				8:30PM - 9:45PM Open Swim (Open Swim) Indeer Pool			
9-30PM	9:30FM - 10:00FM Open Gym - Full Court (Open Gym) Gymnasium						