

**WE WELCOME** ALL SIZES ALL COLORS **ALL GENDERS** ALL BELIEFS **ALL RELIGIONS ALL TYPES ALL PEOPLE EVERYONE** 

WELCOME TO THE YMCA YOU BELONG HERE

**YOUR MEMBERSHIP GUIDE** 

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# Welcome!

Welcome to the YMCA of Greater Brandywine (YGBW)! We're thrilled you've joined our community and want to ensure you have everything you need to be successful. This guide will provide you with an overview of YGBW, as well as important information regarding your membership, benefits and policies. Should you have questions at any time, please call or stop by the Welcome Desk in your local branch. We're here to help!

# Accessing the YMCA

When you join the YMCA of Greater Brandywine (YGBW), you'll be provided with a barcode that you scan at the Welcome Desk each time you enter the YMCA. Barcodes are available for you to carry on your key chain or you can access them directly on your phone via our YGBW mobile app (see below)—which many members find easier than carrying a key tag. (Please note that if you lose your membership key tag, there is a replacement fee of \$1 per key tag.)

If you joined YGBW online, please stop at the welcome desk on your first visit to the Y to pick up your barcode and have your membership photo taken. Please bring a valid photo ID with you on this first visit if you joined online. Please note that youth members who joined online need to bring a parent/guardian with them on their first visit to the branch to sign a waiver and draft authorization form.

# **Getting Connected**

There are a few systems that are used to connect members to the many offerings at YGBW including:

- YGBW Website at www.ymcagbw.org Our website provides an overview of all of our locations, offerings, and facility schedules, as well as ways to get further involved at YGBW through activities such as volunteering. Additionally, you can log in to your YGBW account online at ymcagbw.org/greater-brandywine-members. When you log in, you'll be able to view your membership, sign any necessary waivers, register for programs, obtain a membership payment receipt (click on "Household Transactions" after logging in) and childcare tax forms, update your payment or contact information, and more.
- YGBW Mobile App: With YGBW's free mobile app, you can access your membership barcode to scan into a YGBW branch, view facility schedules and reserve your space in a group exercise class. Our app is available to download free for members. Simply search for YMCAGBW in the <u>App Store</u> or

on <u>Google Play</u>. You will use your YGBW online account information to log in to the YGBW app. Our app also provides links to YMCA360 and Pickleball Den.

- 3. YMCA360 Most YGBW memberships include unlimited access to YMCA360, our live and on-demand library of more than 2,000 virtual classes—from healthy cooking to exercise, dance to crafts, pickleball to storytelling and much more. Using Y360 is also a great way to become familiar with the various formats and movements of group exercise classes right from the comfort of your own home. You can access YMCA360 on the web at <a href="https://ymcagbw.org/ymca-360">https://ymcagbw.org/ymca-360</a> or download the YMCA360 app in the App Store or on Google Play. You will be prompted to login using the email address on your YGBW account.
- 4. Pickleball Den To play pickleball at YGBW, you'll need to set up an account on Pickleball Den, which is used to reserve your place during open play. Access Pickleball Den from our YGBW app by clicking on the pickleball paddle icon. The first time you use Pickleball Den, you will be prompted to create an account. We strongly encourage you to use the same email address for Pickleball Den that you use for your YGBW online account on our website. Our team will confirm your membership status, usually within 24 hours, and your account will be ready to go.
- 5. **EGYM** At the West Chester Area YMCA, you'll find EGYM, a set of 10 electronic stations, which takes the guesswork out of strength training. After completing a personalized assessment, EGYM tracks your progress and each strength training station automatically adjusts to your current level.

To get started with EGYM, schedule an appointment for your personalized assessment on the YGBW mobile app. During your appointment, our trained staff will walk you through the circuit and configure the equipment to your height and range of motion. These configurations will be synced with your unique wristband and moving forward, you will be able to use the equipment, without assistance, during your preferred workout times. Downloading the EGYM app, which is available on both the <u>App Store</u> or <u>Google Play</u>, will enable you to track your progress.

# **Getting Started**

Your YGBW membership provides you with a world of resources, opportunities and more! To start, know that even though you joined one YMCA branch, your membership is through the YMCA of Greater Brandywine (YGBW), an association of nine YMCA branches. As such, your membership\* provides you with access to all seven of these YMCAs! (\*does not apply to OLY Only memberships or YMCA Pickleball Center at Downingtown. A separate membership is required for access to YMCA Pickleball Center at Downingtown.) <u>Check out the amenities</u> that are at your fingertips---wellness centers, indoor pools, tracks, playgrounds, saunas, pickleball courts and much more. View amenities at <u>https://ymcagbw.org/amenities</u>.

# Your First Workout

If you are ready to work out or swim, wear comfortable clothes/bathing suit (if planning to swim) and bring a towel and water bottle. Don't forget your barcode—you'll need to use that to scan in at the Welcome Center when entering the facility.

### Lockers

Lockers are available in all YGBW facilities, and all are encouraged to secure their personal belongings, as YGBW cannot be responsible for lost or stolen items. Some lockers require members to bring their own locks.

- **Coatesville YMCA** Lockers are available for daily use with members providing their own lock. Please be sure your lock is removed at the end of each day.
- Jennersville YMCA Small (wallet size) and large lockers are available for daily use. Bring your own lock when using the large lockers, ensuring your lock is removed by the end of the day. Our smaller, wallet-size lockers have programmable locks so you do not need to bring your own lock when using these.
- Kennett Area YMCA Lockers are available for daily use with members providing their own lock. Please be sure your lock is removed at the end of each day.
- Lionville Community YMCA Small (wallet size) and large lockers are available for daily use. Bring your own lock when using the large lockers, ensuring your lock is removed by the end of the day. Our smaller, wallet-size lockers have programmable locks so you do not need to bring your own lock when using these.
- **Oscar Lasko YMCA** Lockers with programmable locks are available so you do not need to bring your own lock.
- **Upper Main Line YMCA** Large lockers are available for daily use with members providing their own lock, and ensuring the lock is removed by the end of the day.
- West Chester Area YMCA Small and large lockers are available for daily use. Bring your own lock when using the large lockers, ensuring your lock is removed by the end of the day. Our smaller lockers, which are located in our personal changing room area, first floor hallway and wellness floor, have

programmable locks so you do not need to bring your own lock when using these.

# Wellness Centers

We're invested in your health and helping you meet your goals--whether that means losing weight, gaining strength, increasing mobility and flexibility, finding ways to increase energy and decrease stress or just staying healthy. Each YGBW branch has a designated wellness center and weight room/area. Directional signage is posted throughout each branch and any member of our staff is always happy to point you in the right direction and/or help you get started. To learn more about our wellness centers, visit <u>https://kb.ymcagbw.org/wellness-center</u>.

# Group Exercise Classes

With dozens of group exercise classes (all included in your YGBW membership), you're sure to discover one you love! Find your Zen in yoga or Tai Chi, get your groove on in Zumba, pedal for power in cycling, swim your way to strength, pump yourself up in BODYPUMP and much more. To learn more about what to expect in our classes, visit <u>https://kb.ymcagbw.org/group-exercise-class</u>. Here you can read about class levels, tips for getting started, and much more. To read more about our classes and view schedules, visit <u>https://ymcagbw.org/group-exercise-classes-ymca-greater-brandywine</u>. You can also access our group exercise classes via the YGBW mobile app.

**Reservations are required for our group exercise classes and open 48 hours prior to the class start time**. It's easy to make a reservation on either our website or app:

### • YGBW Website

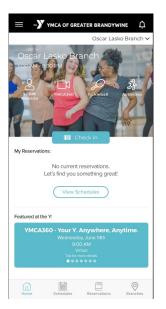
- Go to ymcagbw.org.
- Select **Schedules**.
- Select **Group Exercise**.
- You'll be prompted to select the branch(es) you are interested in visiting or you can skip this to view all branch locations.
- Use the filters on the side of the screen to narrow down your options by location, class type, and/or class name. You can also change the date at the top of the filter selector. If you wish to view a weekly printed schedule, select the Weekly PDF Schedule button next to the date at the top.
- Once you've found a class you want to take, click the blue reserve button next to the class. You will be prompted to log into your YGBW account if you are not already. You can also add the class to your calendar by clicking the Add to Calendar link. You will be prompted to log into your YGBW mobile app account if you are not already.

• If you register for a class and are not able to attend, be sure to cancel your reservation so that others can fill the spot.

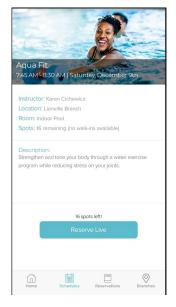
DATE Sat, 11/18	Clear Filters	<	Sat, Nov 18		>	WEEK	LY PDF SCHEDULE	8
LOCATION 3		LOCATION	CLASS	TIME	CATEGORY	INSTRUCTOR		
Brandywine YMCA Acrobics Studio Brandy's Playroom Cycling Room	1	Jennersville YMCA	Cycle <pre>     Reservation required </pre>	<b>7:05 -</b> <b>7:50am</b> (45min) Cycling Room	Group Exercise - Cycle	Ilsa Gomez- Curet	Add To Calendar	Reserve 25 Spots Open
Indoor Pool Indoor Studio Jennersville YMCA Child Watch Room		Brandywine YMCA	Les Mills CORE - Family Friendly & Reservation required	<b>7:30 -</b> <b>8:00am</b> (30min) Aerobics Studio	Group Exercise - Strength	Kim Weldon	Add To Calendar	Reserve 19 Spots Open

#### • YGBW App:

- Download the YGBW app by searching "YMCA GBW" in the Google Play or App Store. Log in with your YGBW credentials once the app is downloaded.
- Select **View Schedules** toward the middle of the screen.
- At the top right, select your preferred branch location or all locations to view classes across all of our branches.
- Select the date you want to take a class. Select the class titles to learn more about the class and what to expect.
- Once you've found a class, click the Reserve button.
- If you register for a class and are not able to attend, be sure to cancel your reservation so that others can fill the spot.







# **Indoor Pools**

Multiple indoor pools are available to YGBW members across our branches. Our highest priority is providing the safest environment possible for all. Anytime our pools are open, they are staffed by trained lifeguards. Additionally, children 14 and under must complete a short swim evaluation prior to entering the pool to ensure their safety in our pools. More information can be found in the Water Safety section of this handbook.

During open swim times, you can use our indoor pools for general exercise, recreation or water play. Pool schedules are available on our website and in our YGBW app. On our website, select **Schedules** and then Pool Schedules from the drop-down menu. On the YGBW app, select the hamburger icon in the upper left-hand corner, select **Other Schedules** and then select the pool schedule.

### **Babysitting Services**

Babysitting services are available at YGBW for those with a family membership and include:

- **Child Watch** our in-facility babysitting service for children ages six weeks to seven years old while parents/guardians are in the facility. This is included in YGBW Family memberships at no additional cost and is available for two hours per day for each child on your family membership. You can view the Child Watch schedule on our website and in our mobile app. Reservations are not needed, but space and hours may be limited due to capacity.
- Sitter Service Sitter Service provides the same care as Child Watch and Kids/Y Zone, but it enables parents/guardians to leave the branch facility instead of having to stay on-site. There is a minimal fee of \$5 per hour per child and the service is typically available to eligible members for three hours daily. Sitter Service availability varies. *Please note that Sitter Service is not available at all YGBW branches*. A member of our Child Watch staff in your local YGBW branch can provide more detailed information.
- **Kids/Y Zone** our in-facility care service for children ages 7-12 while parents/guardians are in the facility. This is included in YGBW Family memberships and seventh-grade initiative memberships at no additional cost and is available for two hours per day for each youth on eligible memberships. Reservations are not needed, but space and hours may be limited due to capacity. *Please note that Kids/Y Zone is not available at all YGBW branches*. Check our online schedule or contact the branch you are visiting for details.
- **Parent's Night Out** On select Friday nights, YGBW Family members can drop their children ages 6 months to 12 years old off at the Y and enjoy a

night out to themselves! This is included in YGBW Family memberships at no additional cost. Our talented and trained staff will engage your children in creative activities, fun and games. Advanced registration is required. <u>View</u> <u>schedule</u>.

## Food & Drink

Vending machines are located in the building. To keep the facility clean and free of pests, we ask that drinks, snacks and food items be consumed in designated areas while in the building. The exception to this rule is water in shatter-proof containers. We also have water fountains and water bottle fillers throughout our facilities for your use.

### Services for People with Disabilities

The Y serves people of all abilities. Please contact us if there is an accommodation with which we can assist.

### Caregivers & Aides

If you or your loved one has a caregiver or aide that accompanies you to the YMCA, they may come to the YMCA with you free of charge. To have your aide added to your membership or to join YGBW with an aide, visit your home branch and bring the following with you:

- Your aide
- Valid photo IDs for both you and your aide
- Your best smiles you and your aide will be photographed together for our membership records

Your aide and/or caregiver will be issued a barcode to be used when visiting YGBW with you. Caregivers and/or aides are required to stay with the YGBW member they are accompanying throughout the visit. Free aide membership is only valid when escorting members in our facilities. An aide may not use our facilities without the YGBW member they are accompanying present, unless they begin their own membership.

Caregivers such as nannies, au pairs and adult assistants are required to have their own membership, or become the second, third or fourth adult on a family membership, for personal use of Y facilities.

### Enhancement Weeks

To keep your YMCA in the best possible condition, please note that all YGBW branches typically shut down for one week toward the end of the summer. During this time, our team completes routine and large maintenance projects, as well as

deep cleaning the facility. Our branches close on opposite weeks to ensure members have access to a YMCA at all times. We encourage you to visit one of the other YMCA of Greater Brandywine branches the week when your local branch is closed.

# Nationwide Membership

Many YGBW memberships also have access to Ys in the United States and Puerto Rico who participate in the YMCA nationwide membership program. Through this program, YGBW members can visit any participating YMCA at no additional cost. Because not all YMCAs participate in nationwide membership, members are strongly encouraged to contact the YMCA they will be visiting ahead of time to ensure they accept nationwide membership. *Additionally, please note that Nationwide Membership is* **not** available for short-term memberships or memberships provided through an insurer such as Silver Sneakers, Renew Active, Silver & Fit or Health Partners Plan.

When visiting other YMCAs, bring your YGBW membership barcode (it's best to use the YGBW mobile app) and a photo ID, and check in at the front desk. You will need to sign a Nationwide Membership waiver the first time you visit. You must observe all facility guidelines, privileges and restrictions that the Y you are visiting has in place. Members are to use their home YMCA at least 51% of the time.

### Volunteering

Volunteering at the YMCA is a fun and rewarding way to support your neighbors, strengthen your community, and connect with amazing people. There are a lot of ways you, your friends or your whole family can contribute, no matter what your interests or your schedule. When we all pitch in, we all rise together! Visit <u>ymcagbw.org/give/volunteer</u> for more information.

# **Programs**

The YMCA of Greater Brandywine offers a wide variety of programs for all ages and interests—and YGBW members receive both the lowest rates and early registration! Additionally, financial assistance is available. Find the programs that work for you with our online <u>Activity Finder</u>, where you can search programs by age, day and time, location or activity.

YMCA programs run on a variety of schedules—including, but not limited to monthly, school year, and multi-month academies. To learn more about our programs, start by visiting our program registration calendar at <u>ymcagbw.org/registration-calendar</u>.

There are three rates for most programs at the YMCA of Greater Brandywine:

- **YGBW Member Rate**: This applies to all YGBW membership types except youth memberships.
- **YGBW Youth Member Rate**: This applies to all with a YGBW youth membership.
- **Guest/Non-Member Rate**: This applies to all who do not have a YGBW membership. (Members of a YMCA other than the YMCA of Greater Brandywine pay non-member rates if registering for YGBW programming.)

When you register for a program, you pay the program rate that matches your YGBW membership type. If you downgrade or cancel your membership prior to or during the program, your program price will revert and you will be charged the difference. Program fees are non-refundable.

If you wish to withdrawal or transfer from any of our monthly programs for which you are already registered, the request must be received in writing before the 20th of the month prior to the program start date. After the 20th of the month, all credit and transfer requests are at the discretion of the program director. Partial refunds will not be given.

Please note that if there is inclement weather or darkness, decisions on whether our outdoor sports programs will run or not will be made with safety being top of mind. Information will be sent to you through your coaches if there are changes. If a game is canceled, the YMCA will make every effort to make up the game at a later date. Keep in mind that facilities at the YMCA and community fields are scheduled months in advance. In the event a game cannot be made up due to weather conditions, refunds are not given.

# Managing Your YGBW Membership

# Account Information

We ask that all members keep their contact information up to date with YGBW to ensure we can provide you with the best service and most recent account information. Any changes in your address, e-mail, phone number, payment method (credit card), others on your account, etc., can be made in your online account or you can visit the Welcome Center in your local branch and speak with a member services representative. Up to date information helps prevent any lapse in your membership and improves our service and communication with you.

### Income-Based Membership and Financial Assistance

All membership and program fees at the YMCA of Greater Brandywine are determined based on income to ensure everyone has access to all that is offered.

For more information, please visit, call or email your local YMCA branch and/or visit our website.

# Fees and Payments / Past Due Balances

There are two options for your membership payments, annually or monthly. The best way to ensure your payments are on time is to set up a monthly bank, debit or credit card draft through the bank or card issuer of your choice. Member services representatives are available to explain or assist with the process.

Individuals with memberships that are in a lapsed or past-due status, as well as carrying past due program fee balances, may lose use of YMCA programs and services. We allow a thirty (30) day grace period before your membership will be cancelled due to non-payment. Annual members must renew within 30 days of their expiration date to receive their renewal rate. After their expiration date and a one-month grace period, payment of a join fee is required when rejoining.

Please keep in mind that changes in membership can affect draft dates, fees, etc. We are here to help you so please reach out with any questions or concerns.

# Membership Holds

YGBW Members may place their membership on hold for a period of two to six consecutive months per calendar year for \$8.99 per month. If a membership is being placed on hold due to a medical reason such as an injury or illness, the monthly hold fee of \$8.99 will be waived with a valid doctor's note. Membership hold requests can be submitted on our website at <u>kb.ymcagbw.org/can-i-place-my-membership-on-hold</u>. All requests will take effect once a member is notified that the request was processed. During the hold period, no one on the membership will have access to YGBW facilities.

Requests to place a membership on hold must be made seven business days prior to the date payment is processed for the membership each month or year if an annual membership. If less than seven business days' notice is given, the hold may not go into effect until the following month. A valid payment method must be kept on file for the entire length of the hold or your membership may be cancelled.

The YMCA will automatically begin charging your payment method on file your regular membership rate at the end of your hold. Your membership will automatically resume at the end of the hold period—you will not be contacted prior to reactivation.

Members may cancel their hold and reinstate their membership in full before the end of the hold period, but membership holds cannot be issued retroactively. Members who wish to cancel their membership must give the YMCA written notice at least seven business days in advance of their payment date.

### Membership Transfers

Members are permitted to upgrade or downgrade their membership from one category to another as needed to accommodate changing family circumstances. Visit the Welcome Center in your branch for assistance.

# Membership Cancellation Policy

While we hope you won't cancel your membership, we understand that you may need to. To cancel, you can either visit the Welcome Center in your local branch to complete a cancellation form or login to your online account at <a href="https://ymcagbw.org/greater-brandywine-members">https://ymcagbw.org/greater-brandywine-members</a>. Once logged in, click Membership Search > Current Memberships > Cancel Membership.

Know that no one is turned away from the YMCA due to an inability to pay, as all of our memberships are income-based. If you are canceling your membership due to financial reasons, please contact the Welcome Center in your local branch for more information on our membership rates before doing so.

Cancellations are to be submitted seven business' days prior to your billing date. If the request is submitted outside of the seven business days, the cancellation will not take effect until your billing date on the following month. During this time, you'll continue having access to the YMCA. No refunds or credits are given.

# Member Code of Conduct

For the enjoyment of all, our members agree to abide by the rules and regulations of the YMCA. Based on the Y's core values of Caring, Honesty, Respect and Responsibility, our Member Code of Conduct ensures that all that enter a YMCA of Greater Brandywine branch enjoy a safe, welcoming, comfortable and friendly environment regardless of age, race, color, religion, creed, veteran status, physical or mental ability, medical conditions, nationality, sexual orientation, gender identity or expression, or any other protected class under federal, state or local law. To view our Non-Discrimination Policy, visit <u>https://www.ymcagbw.org/about/diversity-and-inclusion</u>.

We ask everyone who enters to act in a manner that upholds these principles. All individuals are expected to behave in a manner that shows respect and caring for others. This includes refraining from language or actions that could hurt or frighten another person, or behavior that falls below a generally accepted standard of conduct. Parents are responsible for the behavior of their children. The YMCA is a weapon and tobacco/vapor free environment.

The protection of members and guests is of paramount concern to the YMCA of Greater Brandywine. Any conduct of an inappropriate, threatening or offensive nature will not be tolerated and may result in suspension or termination of membership privileges. These include, but are not limited to:

- Harassment or intimidation by words, gestures, body language or any type of menacing behavior
- Sexually explicit conversation, behavior or contact with another person
- Physical contact with another person in an angry, aggressive or threatening way
- Verbally abusive behavior, swearing, name-calling or shouting
- Theft or behavior that results in damage, destruction or loss of property
- Carrying or concealing a weapon or any device or object that may be used as a weapon
- Using or possessing illegal substances, alcohol or tobacco on YMCA grounds or during programs.
- Disregard for any YMCA policy or guidelines, such as our electronics policy or not following the COVID-19 YMCA safety protocols.

Appropriate attire must be worn at all times. All clothing must reflect the YMCA core values. Swimsuits may only be worn in the pool area. Sneakers or active footwear, as well as acceptable workout attire, are required in the other areas of the facility.

The YMCA reserves the right to deny access or membership to any person who has been accused or convicted of any crime including but not limited to those involving sexual abuse, is or has been a registered sex offender, has ever been convicted of any offense relating to the sale or transportation of narcotics or habit forming and/or dangerous drugs. The YMCA reserves the right to deny access to anyone who is presently or habitually under the influence of dangerous drugs or chemicals, narcotics or intoxicating beverages. Additionally, the YMCA reserves the right to deny access and membership, or revoke membership to any person using the facility or property to conduct an activity that competes with Y programs, who exhibits behavior that is a direct violation of our mission, core values, or behavior that is in conflict with the welfare and safety of others.

As a member or guest, we encourage you to be responsible for your own personal comfort and safety. Please contact the Executive Director immediately if you have any concerns.

# Non-Discrimination Policy

The YMCA of Greater Brandywine (YGBW) embraces values and beliefs which support and reflect the inclusion and appreciation of all individuals, regardless of race, color, physical or mental ability (including use of a guide dog, hearing dog, or service dog), religion, creed, medical conditions, sexual orientation, gender identity or expression, national origin, ancestry, nationality, age, veteran status, marital status, domestic partnership status, or any other protected class under federal, state, or local law. We are proud to be an equal opportunity employer and provider of services to the community.

# YMCA Nationwide Membership Visitor Policy

At YGBW, the following policy is in effect for those accessing our facilities using nationwide membership (meaning YMCA members visiting from a YMCA Association other than the YMCA of Greater Brandywine):

- All Nationwide Members aged 18+ must present an active YMCA membership barcode and valid photo ID.
- Individuals must sign a Nationwide Membership waiver the first time they visit, and observe all facility guidelines, privileges and restrictions.
- Some membership types are not eligible for reciprocity.
- Nationwide Members must use their home Y at least 51% of the time.
- Nationwide Members who are visiting other Ys for more than 28 days must transfer their membership affiliation from their Home Y to the visited Y during their extended visit. The visited Y will then become the new Home Y.
- Outdoor pool access is *not* included in the nationwide membership program.
- Child Watch and Group Exercise classes are available if space permits. Ask about availability upon facility check-in.
- Non-YMCA of Greater Brandywine members cannot bring guests for free to YMCA of Greater Brandywine locations.
- Non-YMCA of Greater Brandywine members who wish to enroll in programs at YGBW facilities pay non-member rates.

# Inclement Weather Policy

We care about the safety of our members, staff and program participants.

When inclement weather poses a threat, the YMCA may need to adjust hours of operation or program schedules. It may be necessary to close facilities to ensure the safety of all involved. When a decision is made to alter schedules, the Y will post the information on its website at <u>ymcagbw.org</u>.

If the YMCA loses power, the facility will be closed and the Y will post the information on its website.

Additionally, please note that when there is thunder and/or lightning, our pools, pool decks and surrounding areas are immediately cleared and closed for at least 30 minutes from the last sight of lightning or sound of thunder.

# Guest Pass Policy

We welcome and enjoy meeting guests of YGBW members! Below are our guest pass guidelines.

- Membership units, excluding youth and short-term memberships, are eligible to receive three complimentary guest passes per year for our indoor facilities. Family Membership units are eligible to receive six complimentary guest passes per year for our indoor facilities.
  - The guest passes are provided for each membership *unit*, not individual *member*.
  - Each pass can be used for up to four guests as long as they visit at the same time.
  - The complimentary guest passes are not available to use for our outdoor pools and waterpark. Please visit our website for the most up to date information on outdoor pool and waterpark guest policies, as this information is posted seasonally.
- All guests aged 18+ must:
  - Present a valid photo ID before accessing the facility
  - Be screened in the National Sex Offender Registry, as all who enter the Y are. The Y reserves the right to deny access to anyone who appears on the National Sex Offender registry.
  - Sign the YGBW Liability Waiver. For guests under 18, an adult 18+ must sign the liability waiver prior to entry.
- Child Watch and group exercise classes are available for guests if space permits. Ask about availability upon facility check-in.
- Individuals may visit up to three times per year using a complimentary guest pass provided by a YGBW member. After that, they may continue visiting YGBW by purchasing a day pass each time they visit or starting a YGBW membership.
- If a member has used all of their guest passes, additional guest passes can be purchased at the Welcome Center.
  - Ages 0-2: Free
  - Ages 3-17: \$10 per guest per day
  - Ages 18+: \$20 per guest per day
- All facility guidelines, privileges and restrictions must be observed at all times.
- YMCA management reserves the right to limit access, and/or remove individuals from the facility at any time.
- Guests 14 and under who wish to visit our pools will be swim band-tested. See Water Safety below for details.
- Youth memberships and short-term memberships do not receive complimentary guest passes. However, youth on a multi-person membership can bring guests in accordance with the following guidelines:

Member Age	Guest Age	Policy
17 and under under 18+	= /	Must have an adult in the facility with them at all times. This adult also signs the YGBW liability waiver for the minor guest.
	18+	Must have consent of adult member on the multi-person membership to accompany the minor in the facility. The guest signs the YGBW liability waiver.
12-17	11 and under	Must have an adult in the facility with them at all times. This adult also signs the YGBW liability waiver for the minor guest.
	12-15	Host youth stays with the guest while in the facility. The guest must have an adult 18+ on the host membership or the guest's parent/guardian who is 18+ sign the YGBW liability waiver for the minor guest.
	16-17	Host youth stays with the guest while in the facility. Must have adult 18+ sign the YGBW liability waiver for the youth.
	18+	Guest signs the YGBW liability waiver.

# Guest Policy for the Outdoor Pool and Water Park

Please visit our website at <u>ymcagbw.org</u> for this information, which is posted seasonally.

# Day Pass Policy

The YMCA of Greater Brandywine welcomes those who are not members to visit and use our facilities so long as space permits by purchasing a day pass.

- Day passes for our indoor facilities can be purchased at the Welcome Center:
  - Ages 0-2: Free
  - Ages 3-17: \$10 per guest per day
  - Ages 18+: \$20 per guest per day
- Guests on a day pass who are under the age of 18 must be accompanied by an adult who is at least 18 years of age at all times when in the facility.
- All guests aged 18+ must present a valid photo ID before accessing the facility.
- Child Watch and Group Exercise classes are available if space permits. Ask about availability upon facility check-in.
- Individuals may visit up to three times per year using a complimentary guest pass provided by a YGBW member. After that, they may continue visiting YGBW by purchasing a day pass each time they visit or starting a YGBW membership.
- All facility guidelines, privileges and restrictions must be observed.

- YMCA management reserves the right to limit access, and/or remove individuals from the facility at any time.
- Non-members 14 and under who wish to visit our pools will be swim bandtested. See Water Safety below for details.

# Water Safety Policy

To provide the safest environment possible, those 14 and under must complete a swim evaluation and will then be assigned a green, yellow or red wrist band. This band must be worn at all times in the water, as it helps our lifeguards ensure everyone's safety. A lifeguard on duty or aquatics director can perform swim evaluations.

• Swim bands are determined as follows:

### • Red – Non-Swimmer

- Has not passed any level swim test
- Must stay in the shallow end
- 5 years and under: Must have a parent in the water. Must wear a life jacket unless the parent is providing contact support – hands-on.
- 6 years and older: Must wear a life jacket unless the parent is in the water within arm's reach

### • Yellow – Intermediate

- Can enter/exit pool independently AND swim 15 yards freestyle and tread water for 30 seconds
- Must stay in the shallow end where they can stand confidently
- 5 years and under: Must have a parent in the water
- 6-11 years old: Must have a parent on side of pool supervising. May use the deep end with a parent in the water and a life jacket
- 12- 14 years old without a parent must remain in the shallow end

### • Green – Proficient

- Can jump into deep water, tread water for one minute, float on back for 15 seconds, swim 25 yards and exit pool independently
- 5 years and under: Must have a parent in the water if in the deep end. A parent can be poolside at shallow depths
- 6 years and older: may swim in any section

**50 Meter Pool Swim Band Test -** In addition to the green band test, children ages 12-14 will need to complete the following test to lap swim in the 50M pool: Jump into the water, tread water for 1 minute, float on back for 15 seconds, swim 50 meters with proficient freestyle and exit the pool independently.

### **Electronics Policy**

Cell phones may be used in common areas or in the fitness areas with ear buds. Phone conversations are only to take place in lobbies or common areas out of respect for those around you. We highly recommend not engaging in phone conversations in locker rooms out of respect for those around you. Anyone perceived to be taking pictures may be questioned. Anyone taking pictures of another person without their permission and/or knowledge will be asked to remove the photos or videos. Declining to do so or repeated offenses may lead to membership termination.

### Non-Smoking Policy

All YGBW facilities and grounds are tobacco/vapor-free. Smoking, vaping and/or chewing tobacco is not permitted at any time.

### Locker Room Policy

Members and guests may use the locker room and/or restroom that matches their gender identity. For those who prefer more privacy, personal changing rooms are available.

# Children and Youth at the YMCA

# Adult/Child Accompaniment

We encourage parents/guardians to take an active role in their children's health and wellness.

- **Children 11 and under**: Children 11 and under must be accompanied by an adult at all times if they are in the building and are not being cared for in one of our many babysitting or childcare services. Please remain in the YMCA while your children 11 and under are participating in programs such as swim lessons, dance or sports. Exceptions to this are child care, preschool, camp, swim team, Sitter Service and Parents' Night Out.
- **Children 12-17**: Youth ages 12 to 17 years of age, who are members of the YMCA, are permitted to be in the building by themselves provided they scan

into the facility with their valid membership upon entry and/or are registered in a YGBW program that is running at the time they are in the building.

# Wellness Center & Youth Policy

Youth must be at least eight years of age to use the wellness center. Additionally, youth ages eight to 14 must complete a fitness orientation(s) prior to using the wellness center. Please see a wellness attendant to schedule the needed orientation. After completing the orientation(s), youth will receive their designated wristband, which must be worn at all times while in the wellness center.

- **Ages 8-11 (orange band)** Youth with an orange band may use the cardio equipment, resistance bands, medicine balls, stability balls and the stretching area. Additional equipment may be available at each branch so please speak to a wellness attendant for more information. Youth ages 8-11 must be with a parent/guardian 18 or older at all times while in the wellness center.
- **Ages 12-14 (purple band)** In addition to the equipment listed above for those with an orange band, youth with a purple band may also use the selectorized strength equipment (not including cable rigs) and eGym (available at the West Chester Area YMCA). Youth ages 12-14 may work out independently from a parent/guardian when using equipment designated for those with a purple or orange band. If using free weights, youth with a purple band are to be working side-by-side with a parent or guardian over the age of 18.
- Ages 15 and up May use all areas of the Wellness Center.

# Child Watch Policy

- Parents/Guardians are to remain in the facility while their children are in Child Watch.
- For the safety of all in our facility, parents/guardians who are on the same family membership must sign their children in and out of Child Watch, as well as scan their membership tag at Child Watch.
- Children are to be properly dressed (shirts, pants/shorts and socks).
- Children are discouraged from bringing toys to Child Watch, as we cannot guarantee they will return home in the same condition. Our Child Watch areas are stocked with tons of toys, games and fun activities.
- Food is not permitted in Child Watch. (Children under age three may have a bottle or sip proof cup labeled with their name.)
- Children can be dropped off 15 minutes prior to when Child Watch or the branch (whichever comes first) is scheduled to close and must pick their children up by closing time.

- If a child cries in a distressful manner for more than 15 minutes, parents/guardians will be located/paged.
- To protect everyone's health, children who are showing signs of illness (fever, excessive rash, cough, vomiting, diarrhea or unusually lethargic) are not permitted in Child Watch. Staff are not permitted to administer any medications.
- We provide diaper changes for children who are not potty trained. Members must provide necessary items for this including diapers, wipes, change of clothes, etc. Please make sure you have changed your child's diaper before dropping him/her off to Child Watch.
- The YMCA reserves the right to limit capacity in Child Watch to ensure everyone's safety.

# Kids/Y Zone Policy

- Parents/Guardians of children ages 7-11 (see below for children 12 and older) are to remain in the facility while their children are in Kids/Y Zone.
- For the safety of all in our facility, parents/guardians who are on the same family membership must sign their children ages 7-11 in and out of Kids/Y Zone, as well as scan their membership tags at Kids/Y Zone. Youth who are at least 12 years old or who have a <u>7th grade initiative</u> membership can check themselves in and out of Kids/Y Zone.
- Youth who are at least 12 years old or who have a <u>7th grade</u> <u>initiative</u> membership can check themselves in and out of Kids/Y Zone.
- Youth are discouraged from bringing valuables (cell phones, computers, iPads, etc.) into the Kids/Y Zone area, as we cannot guarantee their safety.
- Food is not permitted.
- Members will be accepted into Kids/Y Zone 15 minutes prior to when the branch or Kids/Y Zone (whichever comes first) is scheduled to close. Youth must be picked up (or sign themselves out if they are 12 years old) by closing time.
- To protect everyone's health, youth who are showing signs of illness (fever, excessive rash, cough, vomiting, diarrhea or unusually lethargic) are not permitted in Kids/Y Zone. Staff are not permitted to administer any medications.
- The YMCA reserves the right to limit capacity in Kids/Y Zone to ensure everyone's safety.

#### **COATESVILLE YMCA**

295 Hurley Road Coatesville, PA 19320 610-380-9622

#### JENNERSVILLE YMCA

880 W. Baltimore Pike West Grove, PA 19390 610-869-9622

#### **KENNETT AREA YMCA**

101 Race Street Kennett Square, PA 19348 610-444-9622

#### LIONVILLE COMMUNITY YMCA

100 Devon Drive Exton, PA 19341 610-363-9622

#### OCTORARA YMCA PROGRAM CENTER

104 Highland Road, Suite 1 Atglen, PA 19310 610-593-9622

#### OSCAR LASKO YMCA AND CHILDCARE CENTER

1 E. Chestnut Street West Chester, PA 19380 610-696-9622

#### **UPPER MAIN LINE YMCA**

1416 Berwyn-Paoli Road Berwyn, PA 19312 610-647-9622

#### WEST CHESTER AREA YMCA

605 Airport Road West Chester, PA 19380 610-431-9622

# YMCA PICKLEBALL CENTER AT DOWNINGTOWN

901 Skelp Level Road Downingtown, PA 19335 610-643-9622

#### **ASSOCIATION OFFICE**

1 E. Chestnut Street West Chester, PA 19380 610-643-9622



The YMCA of Greater Brandywine is a leading non-profit organization committed to strengthening community. Financial assistance is available. Ask for details.